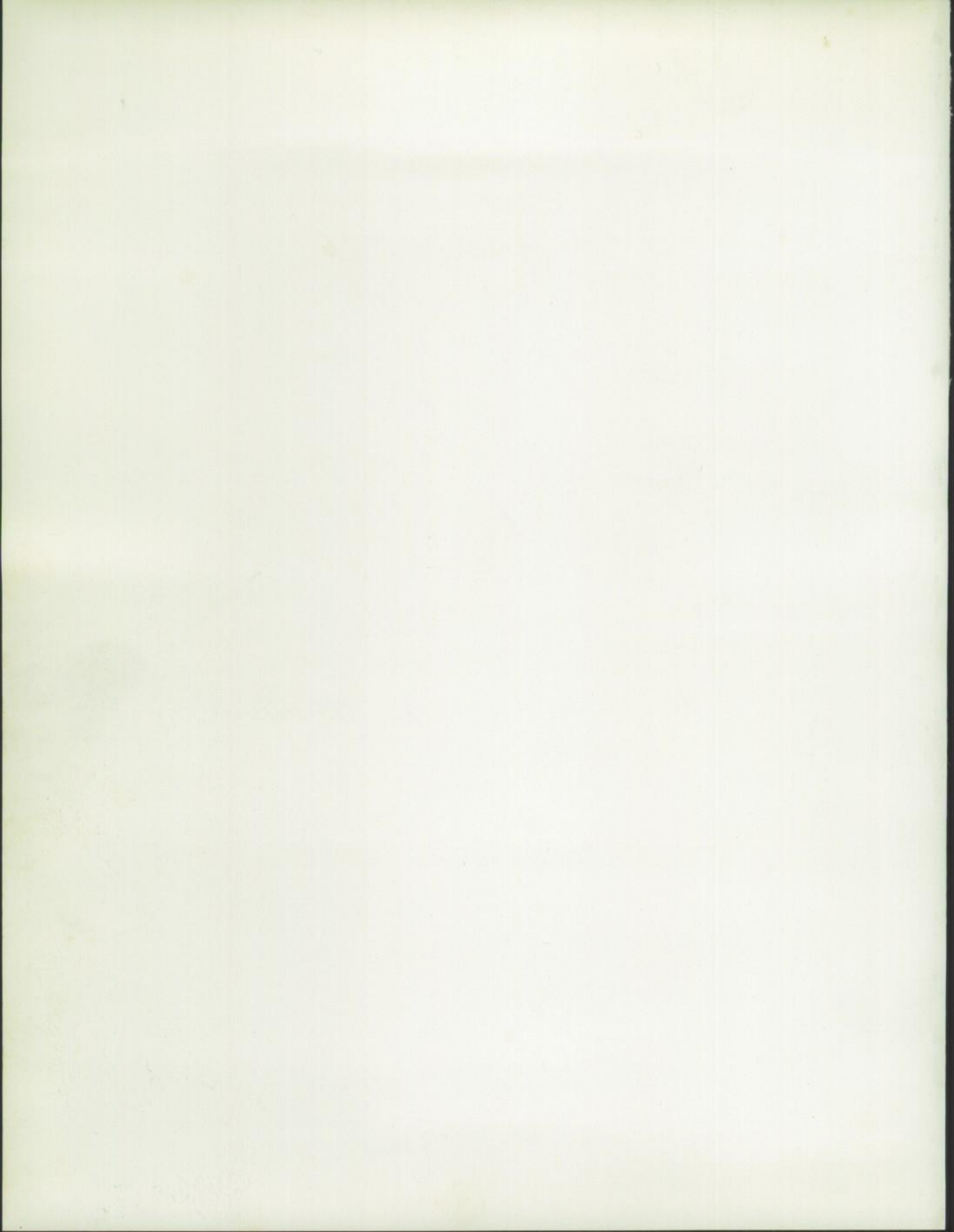




*WE
ARE
FAMILY*

TNI #10

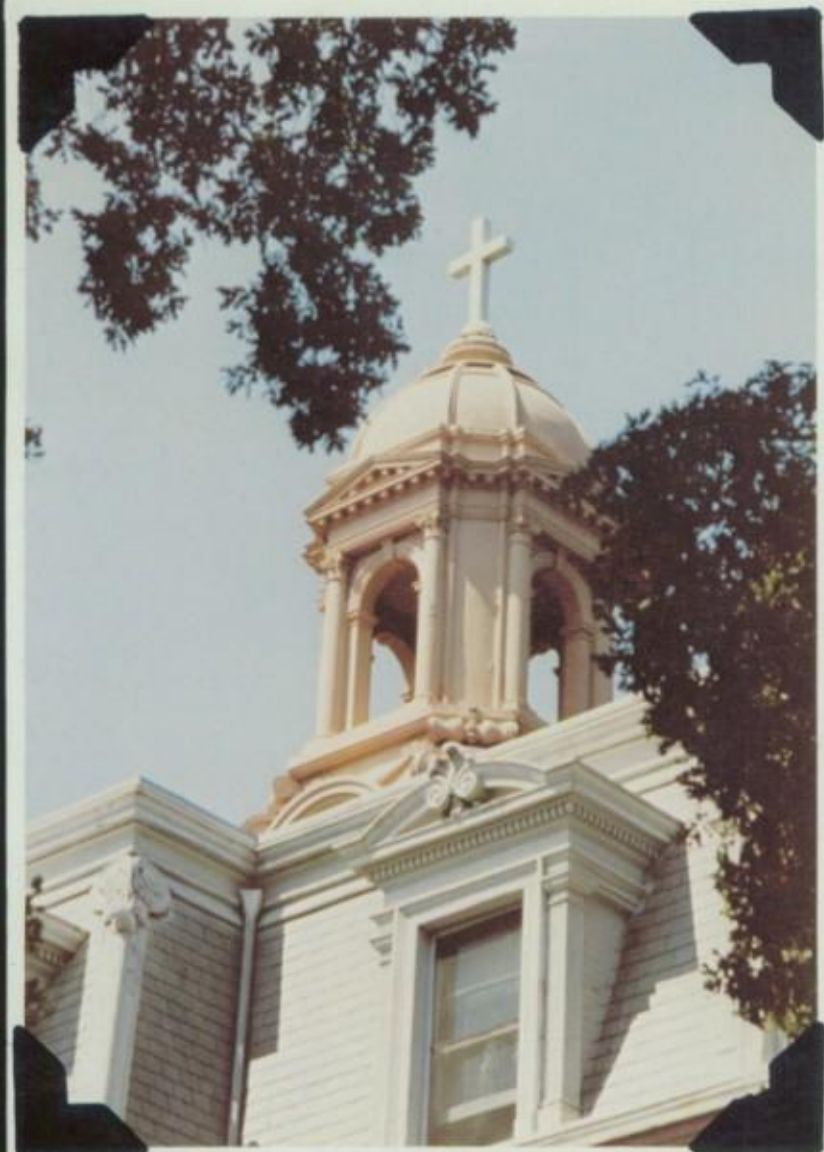


Welcome to our family album!

We invite you to come and share with us as we relive the memories of this past year. Throughout these pages we hope to have captured the "esprit" that is so alive at Sacred Heart. You will be shown girls of every type, young women who are individuals. Our student body is made up of many members, yet we function as a whole and each individual is invaluable in her unique contribution to our Sacred Heart High School. We have been blessed with the gift of each other. Yes, we are FAMILY!!







"In the broadest sense, our family is the group of people with whom we are bound together by a sharing of communal interests, attitudes and goals. Families are groups of people who share one heart and one spirit. They work not simply to preserve self-interests, but for the unity and good of the whole.

The more all members co-operate, the better the chances for our families becoming powerful instruments for good.

Family is a small community. It is here that we experience the presence and love of God first. It should also be in this same environment with the family that we first learn to thank God for all his gifts and love to us."

Michael E. Moynahan





Allison and Vicki -
hard at work.



She did it!!



Who cares about
calories... Let's
just eat!



October 1981 - Applauding
the International dinner.



Page's award winning expression.



This is perfect uniform.



Janet and Chris -
painting or making
a mess ?!



Jane is catching up
on some early
morning gossip.

August 1981 Boarder
dinner — Mrs. Lu
and Evelyn



Boarder staff
takes a well earned
break.



Sister Pietrobono
always has a smile.



Stephanie is
featured in the
rush to the
cafeteria.

*Fally thinks you
look great Tracy!!*



... No comment



*Pattama, Ammid
and Hitomi meet
for a lunch date.*

*Must have been
a good joke Annie!*



The time we share together at Sacred Heart not only brings us the joy of memories, but also develops our unity, as a school, as a class and as a family. Opening Mass is our first opportunity for unity within our school community as students from grade one to twelve gather with the religious of our school to celebrate Mass. Spirit Week provides a chance for each class to unify for a similar goal, yet in the same sense we unify as a school, sharing the same spirit of excitement. Family Day unites the student body and faculty with the families in a day of relaxation and fun. Baccalaureate Mass unites the community as the seniors join as alumni and the lower classmen face the promise of a new year.







Jane and Winnie
compare notes.



Juniors circle in
on their thoughts



Freshmen class
meetings... real
attention getters.



Karen - waiting for
her picture to
be taken.



a freshman gathering.



*Looking forward to
their next class...
Lisa, Nikki, Margaret.*



*Our two exchange
students from
Washington - Laurie
and Cora.*



*yet another freshman
crowd.*

*Who me... commit
computer crime?!*



*Studious seniors
keep up with the
soaps!*



Dance class gets down.



*Should have studied
earlier girls....*

Slurpees...good to the last drop.



Angela ... dazed and confused



A musical interlude.



Leslie takes a study break.



Katie clings to mom
at frosh orientation....
watch out for Loreña
Katie!!



Malathion survivors
Liz, Suanie & Becky



Madalyn, Nancy, Angela
and Bobee enjoy them-
selves at the student
Bar-B-Q.



Are they laughing at
you or with you
Yvonne?



Senior retreat talent show ... an enthralled audience.



a demonstration of the emergency broadcast system.



Carrie and Marisa cram for a history test.



How about a show of unity and spirit?



Yesterday, we were individuals,

we grouped ourselves;

Now, we are more than friends,

we promote unity,

we are family.

ADMINISTRATION





Sr. Nancy Morris - Director of Schools



Elaine Brovarney; Secretary to the Director



Board of Trustees- D. Beltramo, F.Draeger, Sr. S. Furey, R. Glockner, J. Greenbach, J. Hunter, J. Lucier, S. Mahoney, V. Mape, Sr. A. McElhatton, Sr. E. Monsees, Sr. N. Morris, D. O'Brien, R. Sanchez, T. Slavin, W. Spieker, and B. Wilbur.



Sue Kemp, Jana Torchia and Nancy Wallery: Development office



Sr. Folsom; portry



Diane Hansen and Judy Mc.Lachlan; Admissions office



Sue Rosetti; portry



Jim Yeung, Kathy Barry-Food Service Manager, and Jesus Gonzales.

1



To Irving Fine, maintenance dept., in special recognition of his 28 years of service to Sacred Heart.

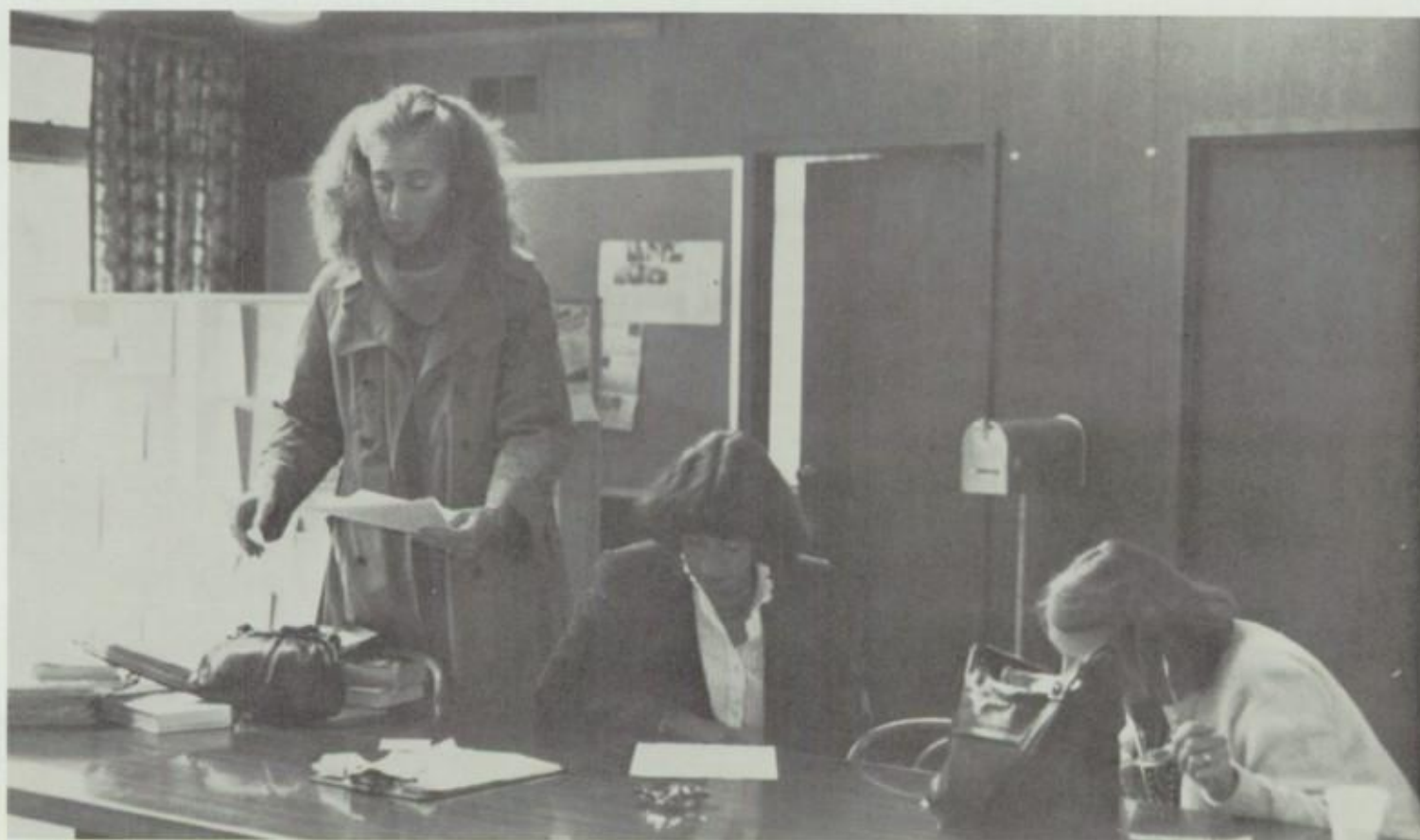
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Ernest Ribera and Donna Bauer, Business Office manager and assistant

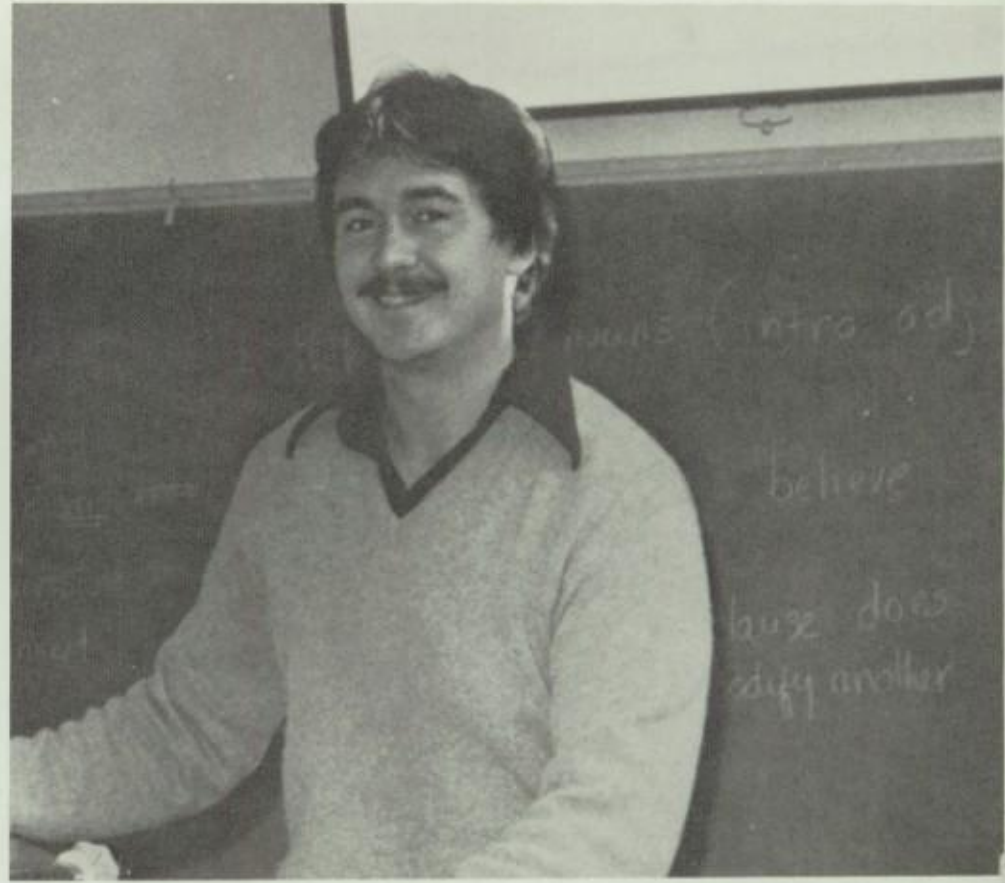
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FACULTY





1



2



3

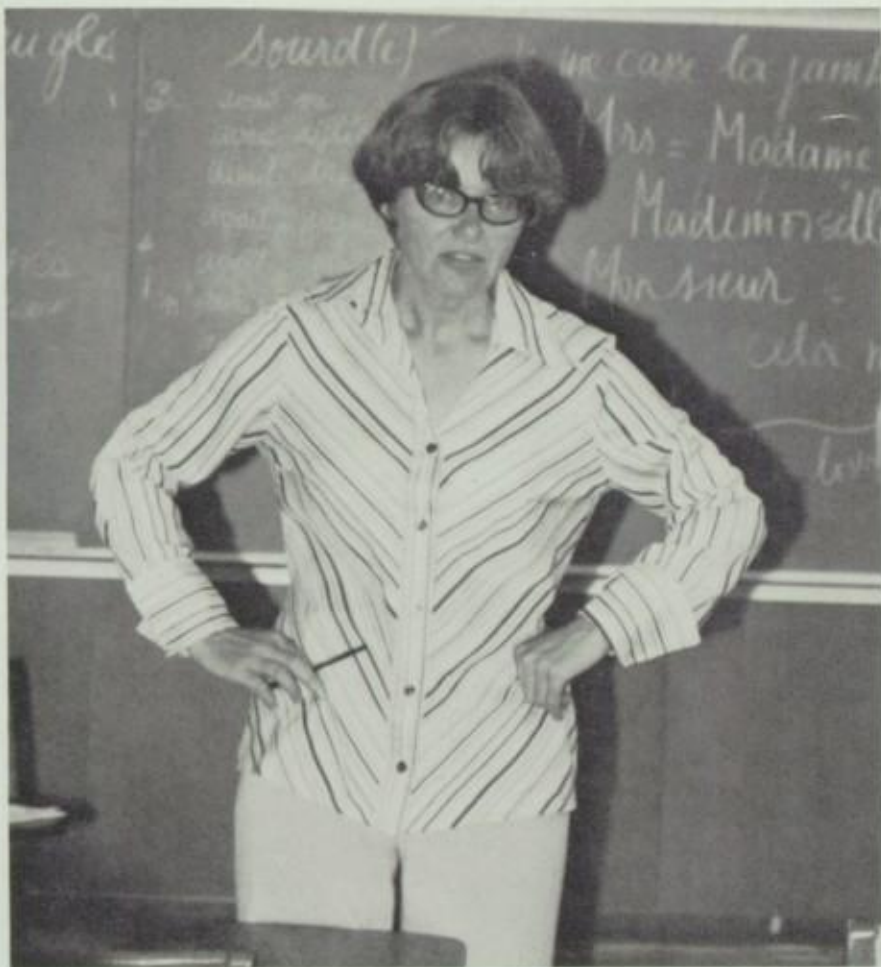


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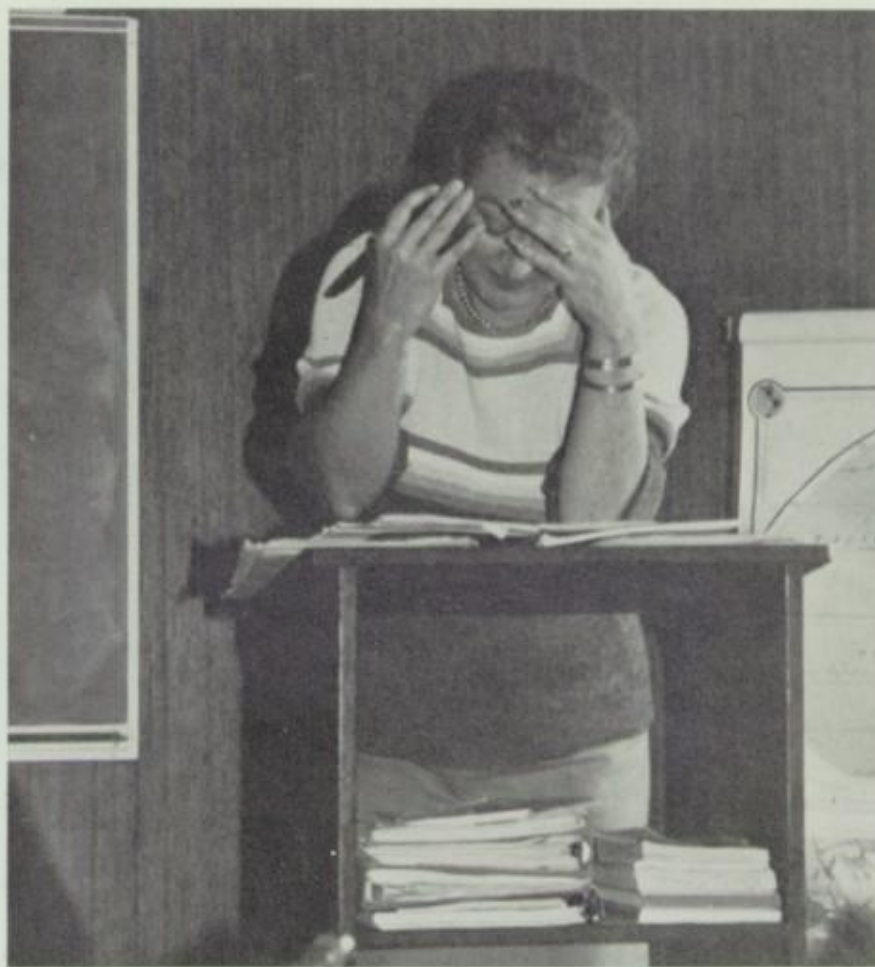


22 Faculty

5



6



7



8

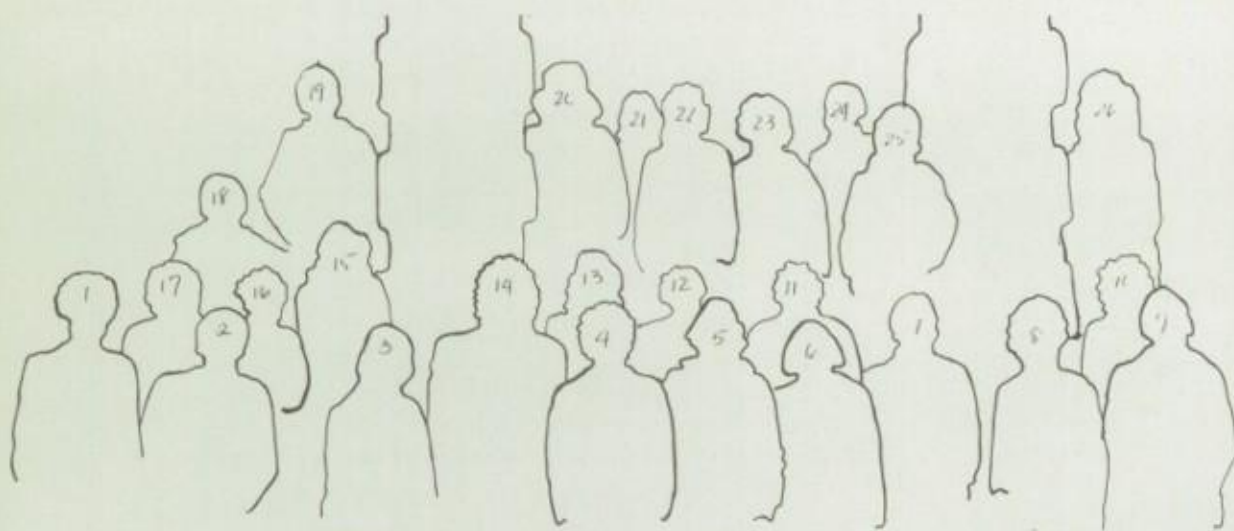


9

1. Great food! says Ms.Green to S.Flick!
 2. Mr.Wright who teaches Algebra, gives our photographer a sly look!
 3. "Don't forget to be on the tennis courts at 3:00, rain or shine," reminds Mr. Davidson.
 4. Mr. Mike Ipsen, who teaches tennis and basketball, waits patiently to have his picture taken.
 5. What would we do without the help of Sr. Corona in the school library.
 6. Frustration over comes Mme. Ralph as she attempts to teach a second language.
 7. Don't worry Mrs. Gilboa, it's almost 2:45!
 8. With such a dreamy look on her face, who could Mrs. Varga be talking to?
 9. Patience is a virtue, as Mrs. Miller transforms every eager student into a Tracey Austin.
 10. Please don't bother me gasps Mrs. Solari.
- Not pictured: Mr. Kromm who teaches chorus.



10



1. Mrs. Pat Weaver, English
2. Mrs. Ines Antoncich, Spanish
3. Mrs. Elisa Tracey, Typing
4. Sra. Isabel Domeyko, Foreign language
Dept. Chairman, Spanish
5. Mrs. Margaret Beernick, History
6. Mrs. Isabel Peterson, English, Drama



7. Mrs. Nancy Greenfield, English, Religion
8. Sr. Jane McKinlay, College Counselor
9. Sr. Bunny Flick, Dean of Studies, History
10. Mrs. Jackie Peterson, Library Assistant
11. Sr. Rosemary Thompson, Principal, Math
12. Mrs. Sue Lanahan, Math Dept. Chairman, Math

13. Ms. Laura Dougherty, Dean of Students, P.E.
14. Mr. Mark Lanza, Religion, P.E.
15. Ms. Patty Green, P.E. Dept. Chairman, P.E., Photography
16. Mrs. Janet Whitchurch, Fine Arts Dept. Chairman, Art
17. Mrs. Kit Wilson, Librarian, Bookstore
18. Mrs. Marilyn Luotto, General Counseling, English, Religion
19. Mrs. Jennifer Barnes, ESL English, French, Art Appreciation

20. Mrs. Connie Solari, English Dept. Chairman, English
21. Mrs. Shirley Love-Sandys, English
22. Ms. Barbara Tener, Math, Counseling
23. Mrs. Sue Griffith, ESL History, History, Religion
24. Mrs. Donna Gilboa, History Dept. Chairman, History
25. Mrs. Pat Luce, Religion Dept. Chairman, Campus Ministry, Religion
26. Ms. Raquel Ornelas, Biology

Boarding School Staff



S. Mac. Arthur and C. Velasco dish out food to hungry boarders



Elaine Earl cringes as Joe Montana throws a pass.



Sally MacArthur-Res. counselor, basketball, Carol Valasco-Res. counselor, Ann Posokony-Res. counselor, nurse, Maxine Freitas-Res. School Director, Yearbook, Driver's Ed, Debbie Proietti-Res. Counselor, Elaine Earl-Res. counselor, math tutor



THE FRESHMEN



Michelle Anderson



Kobie Bruce



Trixie Brugger



Sherri Bundy



Marixi Carlos



Kathleen Clark



Aura Corpus



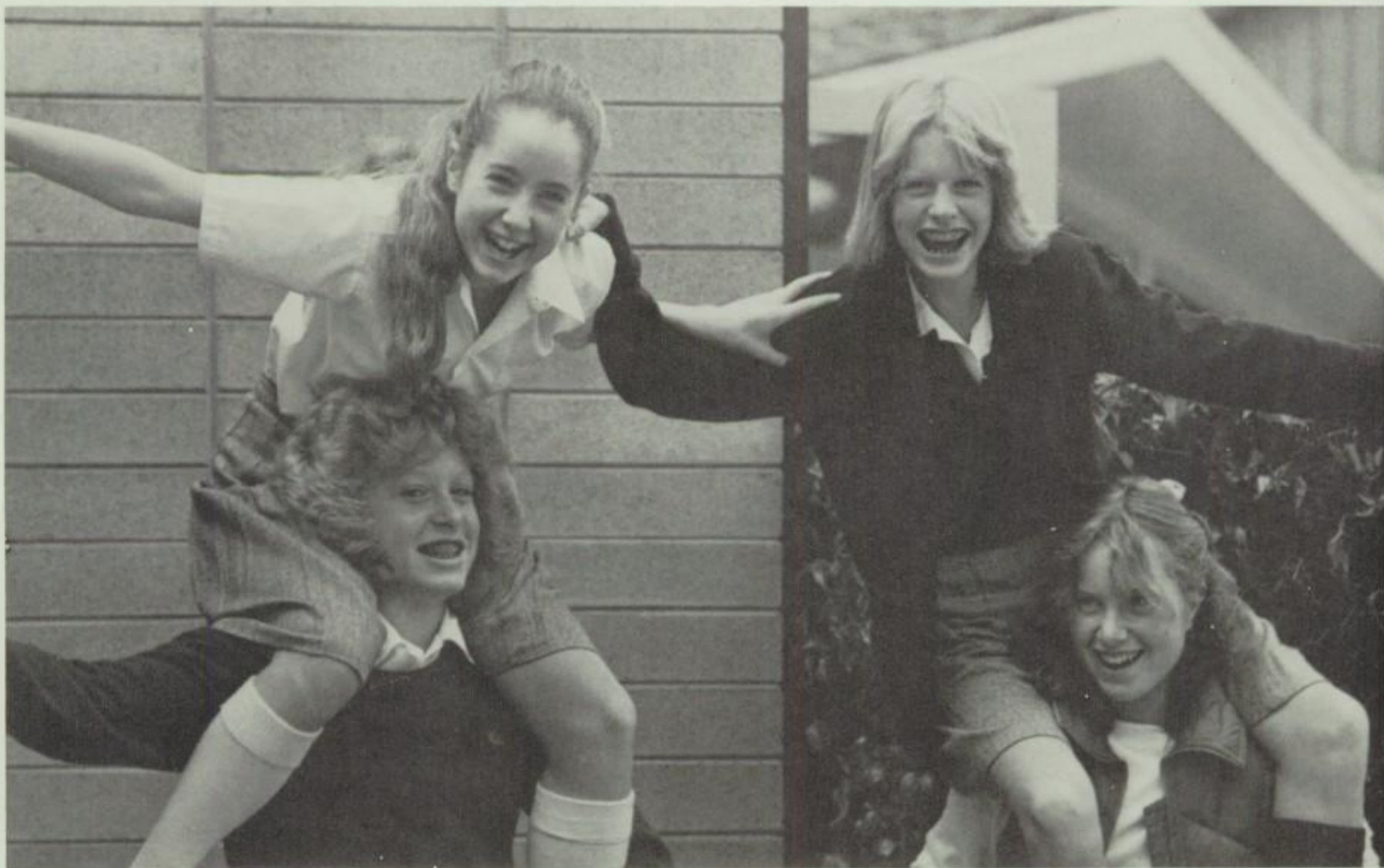
Joanna Curry



Joany Draeger



Consuelo Dutton



11. Karen Forbes, Deanne Sprinkle, Kristin Strout, Judie Hinkley



Farida Fielding

Karyn Forbes

Sonja Frank

Julie Glockner



16. *Ann Marie Leslie, Vanessa Lok, Michelle Anderson, Marcy Morgan*

17. *Amber Kauffman, Sylvie How, Meredith Hall, Kelly Martin*

16.

17.





Yvonne Goyhenetche



Meredith Hall



Madeleine Harmath



Jodi Hinkin



Adaelaine Hollenbach



Sylvie How



Ingela Kaersvang



8.

8. Micaela Lambert, Yvonne Goyhenetche,
Judy Silva, Page Pollock, Cindy Stahl

9. Kathleen Clark, Trixie Brugger, Andreja Si-
kora, Christele Morgan, Ada Elaine Hollen-
bach



9.



Amber Kauffman



Kristi Kelley



Mary Kelly



Micaela Lambert



Ann Marie Leslie



Vanessa Lok



Sandra Lorenz

15.

15. Marixi Carlos, Ann Tucker, Beth Van Duzer, Aura Corpus

18. Kristi Kelley, Sandy Lorenz, Ingela Kaersvang, Farida Fielding, Martha Palazzolo



18.

31 Freshmen



Melissa MacIntosh



Jane Mak



Kelly Martin



Marcy Morgan



Christele Morgan



Martha Palazzolo



6.



9.



Page Pollak



Jill Ramacciotti



Patricia Salinas



Robin Selig



Judy Silva



Andreja Sikora



Deanne Sprinkle

6. *Jill Ramacciotti, Christina Tecson, Joany Draeger, Melissa MacIntosh, Julie Glockner*

9. *Sonja Frank, Robin Selig, Sherri Bundy, Mary Kelly*



Cindy Stahl



Kristin Strout



2.



Christina Tecson



Veronica Tsang



Ann Tucker



Beth Van Duzer



Amanda Zee

2. P. Salinas, V. Tsang, J. Mak, A. Zee, C. Dulton

9. K. Bruce, L. Walker, J. Curry, M. Har-math



9.



The Sophomores



Sally Ames



Vicki Amid-Hozour



Angela Augustine



Laura Basin



M. Chapple, C. Van Heyst, C. Latta, S. Lonergan



Carrie Brennan



Michelle Chapple



Marisa Christie



9. G. Yue, A. Lau, E. Lu, C. Tsang, Y. Yung

15. C. Brennan, K. Sickel, A. O'Connell,
M. Christie, A. Sifferman, A. De Villiers

9.



May Cheung



Cathryn Colenaty



Julie Davis



Alicia De Villiers



Barbara Dickey



15.



Danielle Donohue



Michelle Freeman



Maria Furbock



Liz Ha



Ruby Hamilton



Michelle Hernandez



3.



8.

3. *A. Augustine, D. Donohue*

8. *V. Amid-Hozour, A. Sokari, L. Rigby, L. Planting, C. Katz, P. Tecca*



Darayn Hickingbotham

Fumiko Ida

Carol Katz

Hila Kwon



13.

*13. A. Yau, H. Kwon, F. Ida,
M. Cheung, U. Saito*



Maureen Lanahan

Chris Latta

Angela Law



R. Hamilton, S. Ames, F. Rowell, D. Taylor, L. Lemmon, A. Mariti



Lisa Lemmon



Christine Liddicoat



Sherrie Lonergan



Evelyn Lu



Michelle Lynch



Angela Mariti



Luz Elena Martinez



Amy McKibben



Erin McNair



11.



Tracy Moorer



Anne O'Connell



Dena Paponis



Piper Penning



Lynne Perfumo



Stephanie Phillips



Maria Placer



11. D. Hickingbotham, M. Lanahan, L.E. Martinez, A. McKibben, E. McNair

19. M. Freeman, J. Davis, M. Lynch, W. Yengst, L. Basin

19.



Laura Planting



Lexie Rigby



Gabriella Rossi



Frances Rowell



Katherine Sickel



Anne Sifferman



Angie Sokari



Sharon Steeley



Deborah Taylor



Paige Tecca



11. S. Steeley, B. Dickey, L. Ha

11.



Michelle Thomson



Anna Tobin



13.



15.

13. P. Penning, M. Tracey, M. Hernandez, M. Thomson

15. C. Liddicoat, A. Tobin, C. Colenaty, D. Paponis, G. Rossi, L. Perfumo



Martha Tracey



Clarise Tsang



Carrie Van Heyst



Mai Vu



S. Wallery, M. Placer, M. Furbock, M. Vu, T. Moorer



Sandy Wallery



Alice Yau



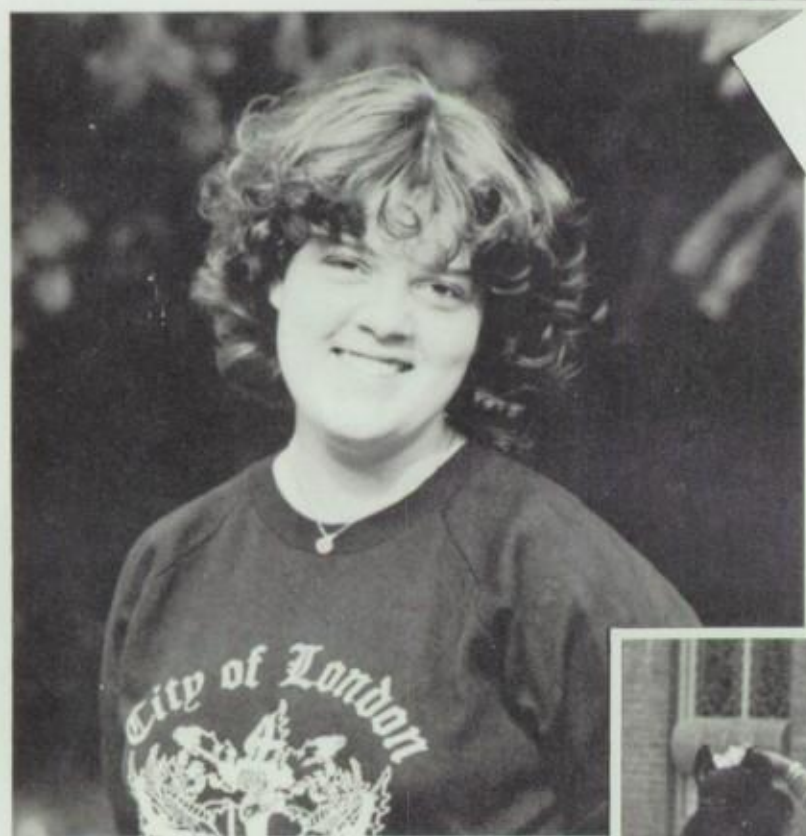
Wendy Yengst



Grace Yue



Yolanda Yung



The Juniors



Lynda Abadou



Maggie Ames



Laurie Benton



Bettino Bardbury



Lauren Brey



6.

6. *L. Johnson, T. Plough, S. Spencer, A. Williams, M. Hermes*

10. *S. Ulandy, M.A. Zelaya, C. CuUnjieng, L. Abadou, C. Uytengsu*



Sharon Brooks



Linda Chen



Susan Christianson



10.



11. J. Loke, E. Takeshita, M. Lucier, C. Edmonds, T. Takeuchi

15. W. Ngan, A. Mac, L. Chen, S. Wong, K. Ting

11.



Deanna Constantino



Celina CuUnjieng



Guita Dehnad



15.



Cora Edmonds



Ann Griffith



Gisela Guillen



Monica Hermes



Allison Holt



Laura Johnson



Lisa Kahn



Liz Krier



Joanne Loke



Mary Lucier



Abby Mac



Eva Monroy



Sara Moose



Wanda Ngan



8.

8. D. Constantino, G. Oswald, L. Yuki, S. Racely, V. Oswald

11. S. Schneider, B. Bradbury, M. Ames, M. Norona, S. Brooks



11.



12.



Marisa Norona



Gina Oswald



Vicki Oswald



Tia Plough



Sara Racely



Carmen Rojas



Margaret Sandler



Stephanie Schneider



Sarah Spencer



Eriko Takeshita



Tomoko Takeuchi

1. K. Wang, L. White, E. Monroy, S. Christianson, G. Dehnad

2. L. Benton, G. Guillen, L. Brey, A. Griffith



2.



1.



Karen Ting



Sofia Ulandy



Candy Uytengsu



Kathy Wang



Linda White



Ava Williams



Sandra Wong



Leslie Yuki



The Seniors



IRAN Iran,
 Doodstad daram Ay Iran
 Wherever I go my heart will always be
 with you

IRAN
 Stay free forever

Ommid Singoela Asbaghi

SALAM- Chetori? 79-80-81, Roommates me- Paymaneh. Amigo, BeeGees, Feelings, Your my everything- BRuth- Staff=Khole- Telephones- Letters- Canada- MPark, Smoker- gradnight-formal. My Love TEHRAN-IRAN, My mind Shahik. (London). Kinky girl- Urgent, Best Retreat- Washington. Pisshyjune, Freaky- Punk- Paris. I will always love, Payee- Cathie- Becky- Monaliza- Karen- Cicillia- Liz- Joany- Latins- Halloween blast. M.U.N. - Edinborough with Aileen, M, lis, Hitomi, Mrs. Greenfield. Finally "82" - Khodahafez doostetandaram, Momy, Aslanis, Dokhy- Maman, Moghimis. THANK YOU



*There's lots of those friendly people
Showing me ways to go ...
I never want to lose their inspiration.*

Little River Band



Mary Frances Blach



*Snorkeling at Pigeon Point ... New Years eve '79 ... babble ... skiing '80 ...
Chuck's at 12a.m. ... Espanol ... cake eating contests at Village Host ... Sweet
Sixteen ... kisses on El Camino ... Basketball team ... football games ... retreats
at Pajara Dunes ... soap opera lunches ... La Luna ... Lake Tahoe ... Manteca
waterslides ... Golden Gate Park ... U. C. touring-Disneyland ... Michele,
Linda, Candy, Jane, Wini, Karen ... Times Square 2000 ... Without you it
would've been impossible. Thanks Mom and Dad ... I Love You ALL!*



*It's been such a long time,
I think I should be going
Time doesn't wait for me, it keeps on
rolling
Sail on, on a distant highway.
-Boston*

*"Our memories will last a life time."
-Styx*

Melissa Ferne Calcaterra

*The Best of Times: Summer '81... Janette... alhambra... car chases... Eileen
... 10:30 pm. rendezvous... Sharon... You'll go out with him?... ram... Lisa
... Hawaii '78 / zx paint job... Kathie... Where's the party?... co-co...
Donner Street... Tom... "J. is Just Alright"... horse n' around... Do ya care
Cyndi?... "Highway to Hell"... eggs... our rep... Up a tree with Bodee... I
love you group! Remember guys, Only The Good Die Young!!*

Thanks Mom and Dad.



*I've tried other things in my life, things
I liked I've tried twice you got that right*
LYNYRD SKYNYRD

Celebration Day
LED ZEPPELIN



Caron Campbell Callender



*Ramble on... Space... Truckin... Free for all... The Black Widow... Who's
next... LED ZEPPELIN... LYNYRD SKYNYRD... ZZ TOP... ZAPPAS...
FROCKS... STONES ROLL... Lets Play ZEPPELINITE... Deidre...
Chicken Friend... Angie... Black Out... red light Nikki... flower... Heidi...
Diana... Kristen... lunch, my house of course... PEPSI... Butter Fingers...
Sunshine... Robyn... Laura... Maheraja... PEACE... LOVE... ALL...
DRAGON.*



*Problems will only be challenges
 Disappointment will be growth
 Delay, Lessons in patience
 Even When I'm late I'll be on time
 There is no loss. if anything goes
 I gave it and blessed who got it
 Closed doors are wrong paths
 Jammed doors open, since I will
 Learn the truth
 no mistakes, only lessons.
 growth, change, movement
 Even My Pain's Gonna Be Pretty!*

Candice Lee Carson

*WE BAD! be SEBACIOUS/that's NASTY ... Op! be sayin' bye! ... BSU?! ...
 LAUGHING! ... S.F. golden days & mystic nights ... DANCIN! ... 2/2/80
 someday (SOON!). De, Monica, Les, Nan, A, Mr. Grant-you make me smile
 again! Thanx Daddy&Ma ... God ... To know me is to love me, SMILE!*

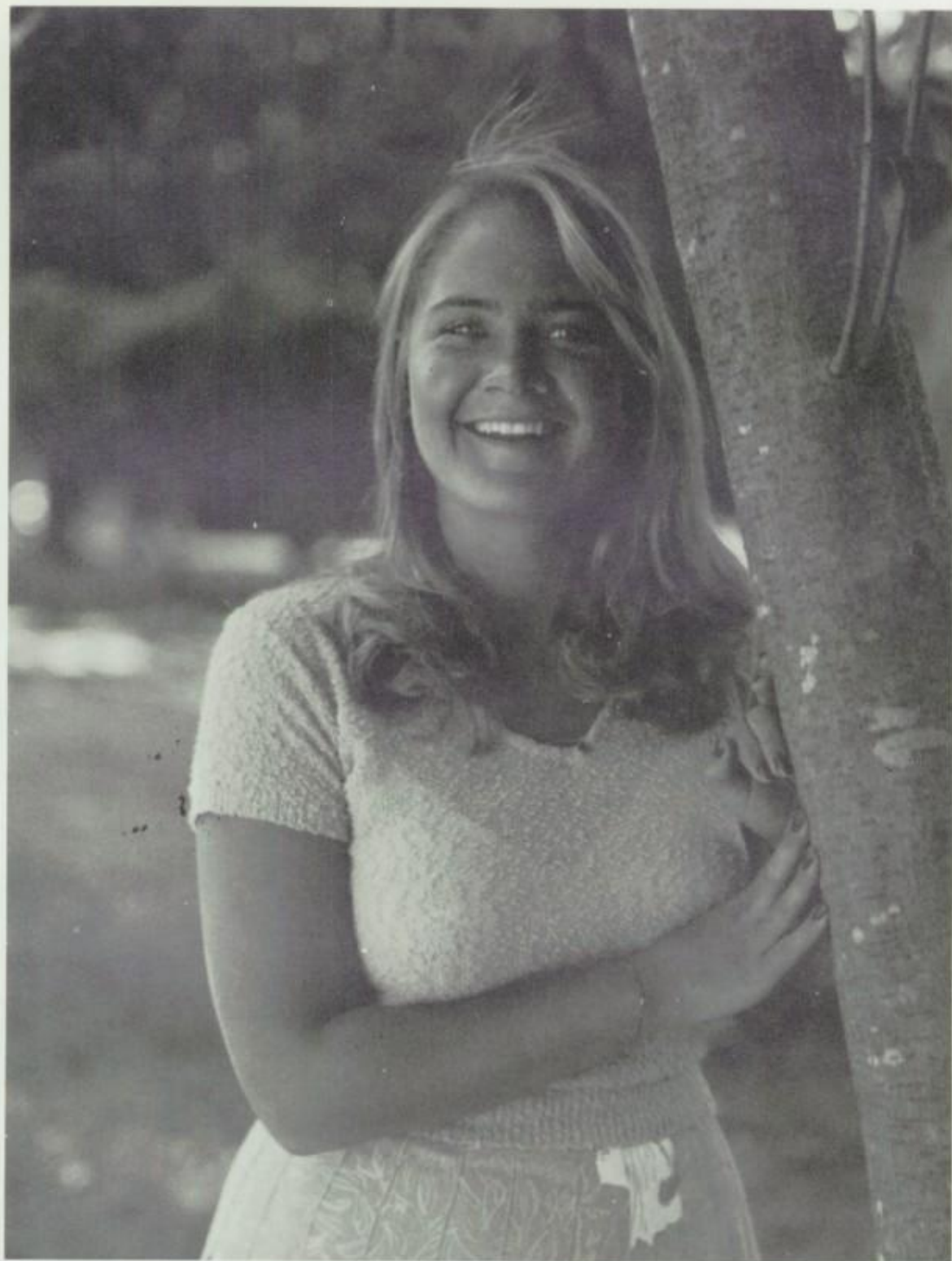
*Future, fades into past
 like grains of sand in an hour glass
 Time, marking time ...*

CLC



*I want to live in the sun
And I want to do all the things that I
never have done.*

Dan Fogelberg



Michele Lorraine Daschbach

Oops I dropped a kernel, click, Have you checked out any? Stops. WHITE SHARK. 17th summer. That's o.k., That's alright. Mazatlan 81. and dinners. Azul. La Luna. T.S.A. Marinations. S. K. who me? W.B.B.'s. Bakesale charges. Big "L" 6th, 7-11. Big Gulps. NETTO. ALISON and ELENA. football, letters, kings, Sam's and THE DEJAVU RUN. —? The devil went down to Georgia. Thankyou mom, dad, and family. I love you.





Angelique Dempster

Welcome to my Nightmare! - Are You Sure? - Hiking!?! - Free For All - Led Zeppelin - Plant - Union Jack - S.F. Rocks, Stones Roll - Midnight Rambler - Honky Tonk Women - Southern Rock - Skynyrd - Top - D.F. - Maheraja - B.T.I. - JD - Custard Pie - Head On - Gamma; Elevator Blackout - Teenage Wasteland - Fido - Stinkfoot - Stephen - Malttalls - Krispie Treats - Make It Real, Not Fantasy - Peace And Love To Caron, Didi and Nikki Too; You Helped Me Endure - Mom and Dad I'll always love you.

"Angie"

P.S. Gimme' Shelter!

*Singing to an Ocean, I can hear the
Ocean roar;
Play for free, play for me, play a whole
lot more!*

*Bonham, Jones, Page, Plant
Led Zeppelin*

*I am one and I can see that this is me
And I will be, You'll all see; I'm the one.
Townsend*

The Who



Memories — light the corners of my mind. Misty water color memories - of the way we were.

Scattered pictures - of the smiles we left behind, smiles we gave to one another for the way we were.—Can it be that it was all so simple then or has time rewritten ev'ry line?

if we had the chance to do it all again, tell me would we? Could we?



Rebecca Marie Draeger

Super Freak ... URGENT!! Celebrate good times ... Hooman, Liz loves you ... Cheese balls -Cathy ... lets FREAK OUT ... popcorn- Bart's truck ... what inning? Whitfield ... Chris, you're finally here—now set me up! Salom, Pissky June ... formal—such a wide selection!!! Totally, Ommideru, these politics ... retreat, Washington D.C. ... We're inseparable forever: Ommidi, Lizeroni, Cathy, Lisa, Karen, Hitomi, Cecilia, Chris, Potatoe (Pattama), Masae, Anne, and Jackie, MOM, DAD, Joansa, my big happy family— I love you more than anything in the world!!!!





Kelley Anne Fertal

Sam's... Mod Squad... N.Q.... Cop Etiquette... Led Zep... Devo Alpine...
 The sacred squirrel... the-pope, other side& laugh- team... Squany Wany...
 "intellectual"... "What's the deal?"... godzilla... bass out of water...
 summers... tumaruainbow... the Bangormanian (claw)... "pop off"...
 "thanks a lot"... "get a concept"... "that's it!"... specapack... Siya-the long &
 lazy one... lumberjacking... I nights... Snob... Hen... Punbook... the key
 ... Linda Vista... G.K.&T.D.... "so you go to Paris France and-"... Racecar
 shoes... "Maybe, Maybe not, ask me again!"... FOOD!... Love to all!

*"Sometimes we might drift apart-but
 don't let go"*

-Foreigner.

*"The longer you love
 the longer you live
 the stronger you feel
 the more you can give."*

-Peter Frampton.



*Sit back and relax awhile . . .
S.O.S.*

*I've got dreams I'm living for.
Journey*

*Man's youth is a wonderful thing:
It is so full of anguish and of magic and
he never comes to know it as it is, until it
has gone from him forever.
-Thomas Wolfe-*



Kathie Anne Francis

*R-R-R always . . . J is just alright . . . Superfreak . . . Cowboy boot torture . . .
Mazatlán 81 . . . On's together for 13 years . . . Steve is hot forever . . . School
supplies . . . Snob . . . D.F. . . . Ataque . . . Tom . . . Summer dreamin 81 . . . Amors
. . . City fantasy . . . Attention getters . . . Ney york . . . I like the night life baby . . .
Moo and Bo . . . Tarji my life long friend . . . Earthquakes . . . apple juices and eggs
. . . La Luna . . . Tennis partners . . . El Caminos rule . . . B.P. 8/8/81 . . . Amigas, I
love ya. Thanks for the memories.*





*I look to the sea, reflections in the waves
spark my memories. Some happy, some
sad. I think of childhood friends and the
dreams we had.*

Styx

Ruth Bodee Gardenier

*Radical ... Whats a Bodee? ... Class of 81, W.P. ... Kathleen, quick get in the
house ... Zeppelin ... Freebird ... plays ... Bells Football games Grease ... I'm
here, where's the food! ... Parties ... munch out sessions at K.P.'s ... eye nights
... Blodee Bleer ... FREAKER ... My SX mobile ... Awesome ... Bizzarre ...
HELP ... corrupted minds ... BTG ... give me a break, what test! ... They call
me a ra ra, ... get a clue ... car wash, OUCH, thanks Mike C. ... up a tree with
Melissa ... hbc ... No way! ... its been wild*

*Thanx for the memories
Mom, Bean and friends!*



*"I'm so confused by the things I read, I need the truth. But the truth is, I don't know who to believe
The left says yes, and the right says no. I'm in between and the more I learn well, the less that I know. I got to make a show"*

Styx



Ellen Marie Glockner

Votre derriere est tres bizarre! Deb Ball at St. Francis Hotel! Yes Jennie is my little sister!! Actually we are twins!! Weekends at the Vineyard!! WILD??!! Skiing!! John-Lil'bro!! Europe-81- A BLAST!! Jenni Paine-Love Ya! Sheila-Cora-Carrie Music in my room. Arizona Desert Rats! Tabaholics-M&M diets!! The Holy Trinity!! Spring Formal 81!! Swingin Jane, Wini the Pooh, Pitt, Sally FOREVER!!!! Thanx Mom, Dad, JAG, Boo, Whit!! I LOVE YOU ALL!!!!!!





Anne Marie Goyhenetche

Hello! . . . rainbows . . . peace . . . no . . . three more minutes . . . what report? . . . sunshine . . . Reno . . . okay . . . teasing . . . quit it . . . S.F. Airport . . . mustangs . . . Hillsdale . . . sweet sixteen . . . YOU drive? yellow canary . . . huh? . . . Marine World . . . awesome . . . get out . . . The Rapids . . . sweetie . . . Garfield . . . pictures . . . softball games. Round Table . . . Lancelot . . . no loitering . . . go feed the ducks! Battle of the Parks . . . We won! . . . what are you doing here? . . . have fun . . . take care . . .

Thanks Y.G., C.J., E.U., and especially Aita eta Ama. Love you all.

*Silences make the real conversations between friends.
Not the saying but the never needing to say what counts.*

Margaret Lee Runbeck

Laugh: A smile that burst.

Patricia Nelson

Life is simply a matter of concentration; you are what you set out to be. You are a composite of the things you say, the books you read, the thought you think, the company you keep, and the things you desire to become.

B.C. Forbes





Jacqueline Gutierrez

Am I really a senior? . . . St. Paul's . . . Sacred Heart What class is next? . . . Homework??? . . . Forget it!!! Weekends, my favorite days of the week . . . Is there any new movies in Chinatown? . . . Anne, of course I trust your driving . . . Bang! . . . When is the next vacation? . . . Hong Kong . . . Suk Ling, meet you at the MTR at 11:30! . . . Charlotte, new Berkeley recruiter? San San, wait till you see your phone bill!!! See you all in Hong Kong, alright?





*Yesterday is already a dream
And tomorrow is only a vision
But today well-lived
Makes every yesterday a dream of
Happiness
And every tomorrow a vision of
Hope*

-unknown

*Do not go where the path may lead, go
instead where there is no path and leave
a trail.*

-unknown

Sharon Louise Hafner

*B.T.A.... Doritos... i'm, asleep... no bed... Tex 1&2... pre finals party-5/30
... b-ball, 25 points... K.F.X.S.... frozen yogurt much? "She's So Cold"...
10:30p.m.eggs... ZX... "Urgent"... N.P.'s... Seal... C.H.O.... "Super
Freak"... RX-7... B.P.... summer DREAMIN 81, 8/22... Bell games... 360
Menlo... D.O.... "Precious"... jacuzzing "Make That Move"... Cyndi, Jan-
ette, Eileen, Melissa, Kathie, OSSEM Suzie,... Thanks for these GREAT memo-
ries... Au Revoir mes amies Mom and Dad-thankx I Love You!!!!Dios...*



*"If you use your imagination you can see
all sorts of things. What do you see?"
Lucy*



Juliana Halter

*macho men . . . Tex 1 & 2 . . . B.T.A. . . . Romanoff's . . . poppies . . . Menlo Formal
. . . J.R.'s bike . . . Mama LuLu . . . Scholz . . . Phillip Chen . . . wipe your nose . . .
#8 . . . #24 . . . can I have a bite? Stacie Merangue w/a Z . . . S.B. . . . B.A.M.F. . . .
Remember . . . race car shoes . . . that dish, Ann May 24 ya know . . . J.F. you're the
"light" that breaths in me . . . Special thanx to Magnum for good times in Hawaii-
,ferrari,Robin Master's estate.*





*And if I should lose, let me stand by the
road and cheer as the winners go by*

*Berton Braley
"Prayer of a Sportsman".*

Marie Cecilia Elizalde Harrison

Horses!!!!!!RIDE,RIDE,RIDE,never stop! . . . Three Day Event . . . I LOVE Dressage! . . . Kristine and Mike . . . Aloysia's lessons . . . NEVER EVER QUIT!!! . . . should I call him Philipe or Sir Duke? . . . 4 year old black thoroughbred with a white star . . . Manila, typical Pinoy in the U.S.A. but will never change . . . Raiders . . . Everything has to be neat,Tidy and CLEAN! . . . get off my bed . . . BANZAI!!!! . . . Lisa,Ommid,Becky,Karen,Cathy,Hitomi and Liz; all really crazy but I'll get used to it . . . somehow . . . Stanford Stables,second home but how I love my home too!!!!!!

*You only live twice
Or so it seems,
One life for yourself
And one for your dreams.*

Ian Fleming



Dominique Hoche-Mong

*Thanks Mommy,
Daddy, Mish-Mish,
Melanie, and Bob*

*And a special
Thank You to
Harrison . . .*



*I sing the body electric,
I celebrate the me unto come.
I toast to my own reunion,
When I become one with the sun.*

"Fame"

*"Give me all of your sunshine, a spark is
all I need."*

"Journey"

Janet Elaine Hohbach

OOO- HAWAII... (oink)... Get in the Back Seat!... KNIFE! aaa... partridge
family bus... it's b-tiful to be b-tiful... italianos... do Fame... de loop... Can
I have a lil' bite... G. wants to marry you... YAA!.. your just another Janet...
Janette, weren't you the one JERAHMIANG... partypants... Mtlf... 5 letter
for luv... WHITE SHARK!... Suloo... Bob I lost a kernal (klik)... There's a
story... stops... OnFone... 13yrs... the nuns didn't hang us... your turn to
deal... H.C... Dice... FEB. 14,81'... MAZATLAN81'... ATAQUE!...
machoman... HEN... C.Z... sumjunc... Family... Friends... endless lafs
endless fun... THANX...

BOOM BOOM OUT GO THE LITES!



*Queen of light-
took her bow-
and then she
turned to go,
the prince of peace
embraced the gloom
and walked the night alone.*

*Led Zep-
"The battle of evermore"*

*So I'm packing my
bags for the misty mountains
where the spirits go now,
over the hills
where the spirits fly.*

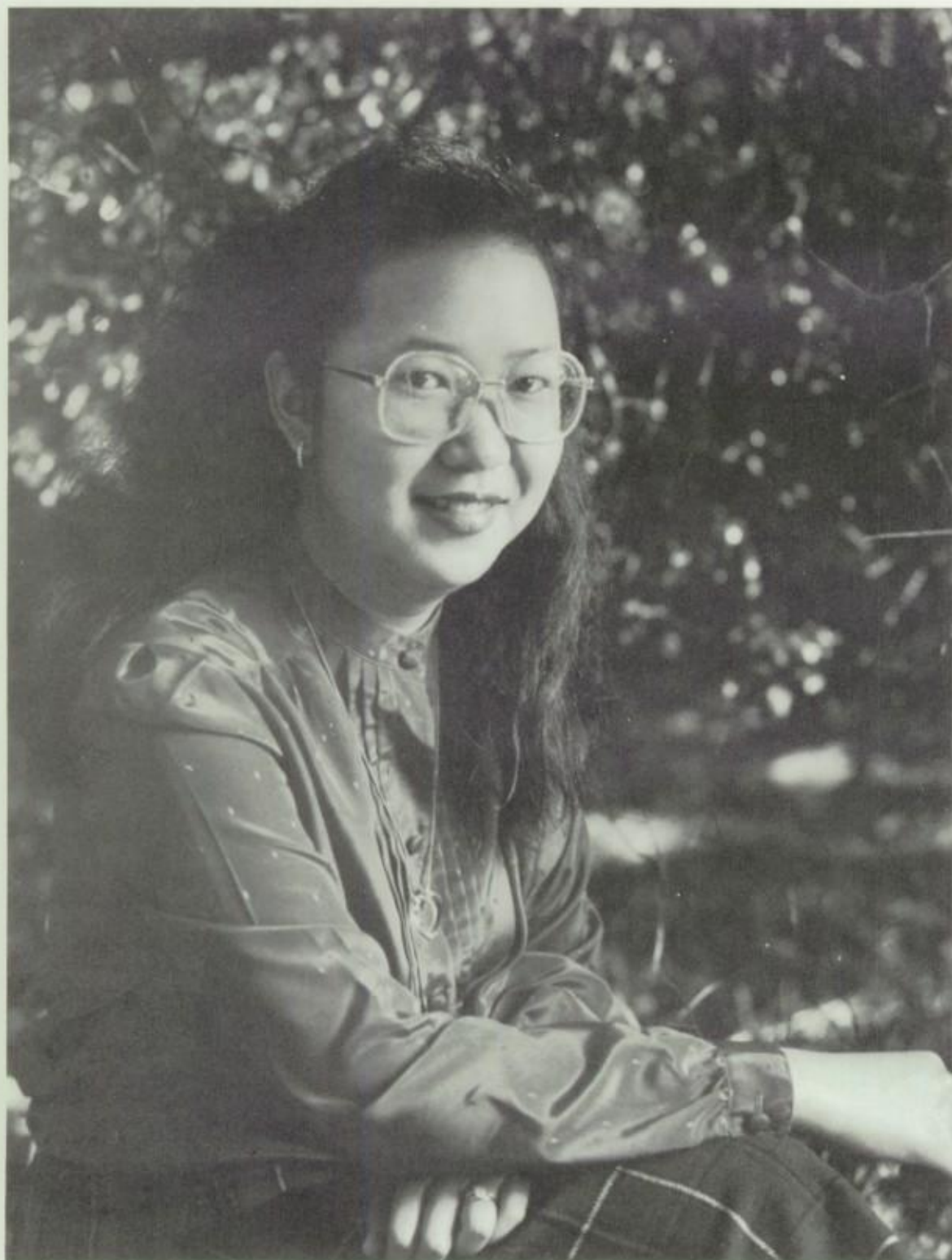
*Led Zep
"Misty mountain hop"*



Jennifer Mila Irwin

*LA JOLLA IS "THE JEWEL" ... the Ecstasy and Destruction of Windansea,
Walks and talks ... BI-ZARRE ... My cue to Leave! ... I LOVE the Night Life
... S.O.C.I.A.L. C.L.I.M.B.E.R.? ... Claire the BEAR make big tracks go ANY-
WHERE ... when Johnny Comes marching Home ... classy lass ... SAGA of the
tower ... complete MADNESS prevails ... AWESOME STARBOARDS ... pig
unit #3 ... The Health food and Frozen yogurt BRIGADE ... "The sensuous
WOMAN" ... I'm so embarrassed! ... JOSETTE ... THANK ... adopted
godparents, gram And mum*





*True love would never die.
True friends mean forever.*

Mallika Jitavare

Hi, where are you from? I'm from Thailand. What's your name again? That's what I always asked them in the first two weeks. This is my first and last year but I enjoy being here. Thanks to all those who have helped me through this year, and thank you very much to Mum and Dad for sending me here.

2 ... and into many other things our
lives shall weave; ... There were times
when things went wrong & I was low ...
you were there.

... I'm so confused and looking for a
friend; ... The future is ahead of us ...

THANKS



Cordelia Allen Jones



We-Are-Rude ... Pine Mountain, row boats, Kevin: too much milk?, TTS night on the docks ... Mike, chemistry experiment, average or below ... crew Crew Crew, rowing, coxswain, T-shirt, "suckies", deranged, Bebe, summer program ... Armando ... Jack-in-the-Box ... JERRY (FOREVER), rings, Rodger Thomas, my bear, gummy-bears ... Ju & Bud ... MORE crew ... VW ... "I'm hungry" ... "huh" ... Really ... "The paper's due THIS Mon.!" THANKS EVERYONE, I COULDN'T HAVE DONE IT WITHOUT YOU!



Kathleen K. Kidwell

Tab . . . Hey Julie- Would you like to dance? . . . Hey Bodee - she's the kind of girl who won't say NO . . . what are you doing during sixth . . . How's Mac - OH NO, I don't want to see him - GET IN THE HOUSE! . . . U.S.A. #1 . . . Country Music . . . am I really corrupted? . . . Ricky - Yep, shucks - I don't think Hank done it this way, do you? . . . HA - HA, are you serious? . . . Thanks to mi familia . . .

By Y'all

"Always act the part — and you can become whatever you wish to become!"

—Max Reinhardt

"Postpone not your life."

—Ralph Waldo Emerson

"Behold the turtle: He makes progress only when he sticks his neck out."

—James B. Conant

"do good, and disappear."

—Genevieve Hennet De

Goutel



*"If I could save time in a bottle, if words
could make wishes come true I'd save
everyday like a treasure and then I
would spend them with you"*

Jim Croce—

*"With our love they could save the
world- if they only knew. Try to realize
it's all within yourself no one else can
make you change and to see you're really
only very small and life flows on without
you within you.*

John Lennon and the Beatles



Nicola Knight

*- Keep on Truckee'n- Wobbyn's Panda 82 I love you—Maherajah— S.F. Rocks
Stones Roll- Marls today, gone tonight- I am your Knight in Shining armor! . . .
Free bird . . . and I'm Raquel Welch . . . are you sure? . . . Free for all . . . Rm.250 B
Guess where I am, Kevin this is your fault . . . Sharon Park again? . . . Alpha
Waves to all the Zepplinites, Caron, Angie, and Diedre . . . Sunshine Forever!
Peace to you and*

"Let it Be"



*Doing what you like is freedom;
Liking what you do is happiness.
-Argus*

Christine Kwan

Sacred Heart: a new challenge . . . I've got mail, you haven't . . . thanx, it's my phone call . . . where's my key? . . . Oh, no, it's past shower time! . . . lights out, wheres my torch? . . . Gosh, I've put on weight again, diet, diet! . . . 8:20 a.m. just two minutes mor and I'll get up . . . weekends, moon sei ngor la! . . . dances, parties, proms: great! . . . guys and gals: excellent! . . . Lam and Hideki . . . Dan and Joe, miss you so much . . . I luv ya, Sacred Heart, my sweet memory.



"You have entered the Twilight zone Beyond this world strange things are known Use the key, unlock the door See what your fate might have in store Come explore your dreams creation Enter this world of imagination"

Neil Peart



Karen Marie Lanahan



Ha Ha . . . Ned, "God will provide" . . . The clock . . . Flowers '80 . . . Mary's 16th . . . New Years eve '79 . . . Skiing '80 . . . throwing Kisses on the El Camino . . . "that was to close" . . . Golden Gate Park . . . Disneyland '81 . . . Killer . . . "louder and faster" . . . Milk . . . The Jeep . . . Jane, "Huggin the wheel" . . . Time Square 2000! . . . Thanx, love ya all, Jane, Wini, Mary, M.P., Moe. Special thanx and love to Mom and Dad; Take it easy-Take it real easy.



Deidre Jean Lanier

This is DAYDRAY, L.A. Woman; The Cowan/Lanier Taper; DeDe M; Chorizo; Caron Chicken Friend thanx fo everything; Zeppelinites-Angie, Nikki etc. Luv ya lots; GaGA; Pigs United-Jenifer (Pig Unit #3) & Dy (Pig Unit #2) You brighten up my daze!; Maggie; PiPi Behave!; Plant & Page- The Ultimate God-Like Babes! Led Zeppelin-The Best Band in the World, I can't live without them. "Ah sometimes I grow so tired, but I know there's one thing I got to do . . . RAMBLE ON!; This is DAYDRAY AGAIN

"If it keeps on raining, Levee's going to break. When the Levee breaks, have no place to stay. All last night, sat on the Levee and moaned. And said goodbye to my baby and my happy home. But when the Levee breaks, mama you got to move!"

Led Zeppelin

"And who in YOUR measly little world are you trying to prove that you're made out of gold and can't be sold?"

Jimi Hendrix

"People try to put us down (talkin' 'bout my generation) Just because we get around (talkin' 'bout my generation) Hope I die before I get old! (Talkin' 'bout my generation) So why don't you all just fffff ade away!"

The Who

*Behind the faces
Behind the EMPTY conversation
We hide ourselves
Tender and Vulnerable
In the bitter desert of our
isolation*

*Our voices talk
Our faces laugh
Our hearts cry out in pain
We pretend to be what we can never
be, But we cannot explain
and no one knows
No one understands—for a while
—Then our hearts leap up
With desperate eagerness
When we find the tiny oasis of smile
Sarah Hayman*



Cindy Lau Yu Wah

Monday morning, wake up, it's already 8:10 ... anyway, it's Mr. Wright, Take something for my lunch ... sing, sing, sing ... Library—my chatting place ... Gilboa again ... Long term paper for computer ... Any mail for me? no. Oh! how sad ... Study Hall ... telephone call for you. Who's that? William. William the Great or William II ... It doesn't matter. The history test is still on tomorrow ... Weekend comes, San Francisco ... Vacations come, Hong Kong ... Alice or Karen, would you take the same plane with me ... O.K. see you then ... Day passes ... Friends come and friends go ... but true friends are always there ... Thanks you all ... I love you all ... always

It's been Real





O.K. JAWN?...yeah rahjah
 WE're EVEN DOING OUR
 this includes dance,
 and various classes ...
 Harry and George! ...I'M
 'round that corner ...
 EXPRESSION ...J.C.Je
 ... OUR TRIPS TOGETHER:
 CRUSIN' S.F. (PIER 39),
 French lovers ... THE GO-
 (RHPS) ... newwave ...THE
 ENZwhatsamattawityew ...
 Lanis we gotta do some-
 SEEN BETTER! (BLACK'S
 ... ALL MY BUDDIES ARAGON)
 bird burped! ... HEY WILSON!
 them, they don't know us,
 HI, MOM! I'M HOME! (D.V.)
 Everyday ... FORMALS ... WELL,
 WE'D LIKE TO THANK OUR
 CECILIA, BECKY AND ...
 WE LOVE YOU MOM AND DAD!! ...
 YEAR'S CLASSES!! ...
 ALL !!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Lisa Marie Lazzareschi

Whatever is right, whatever is just, Whatever is found to be excellent whatever is pure, whatever is true, whatever is lovely and worthy of praise, let your mind dwell on these things.

Philippians 4:8

*The Purple Cow
 I never saw a purple cow,
 I never hope to see one;
 But I can tell you, anyhow,
 I'd rather be than see one.*

Gelett Burgess



... I DON'T BELIEVE THAT
 BLURB TOGETHER ... I Know
 track, yearbook, peer c,
 REMEMBER BELL GAMES? ...
 SO SHURE! ... hangin'
 THAT UNFORGETTABLE
 t'aimerai toujours!!!
 SANTA CRUZ, SAN DIEGO,
 WASH D.C. -ooh those
 GO AND THE TIME WARP
 POLICE, CARS AND SPLIT
 SERVICE 9-DAVE...
 thing together ... I'VE
 BEACH ... senior party
 ... ohmygodlisa, that
 ... who cares, we don't know
 we don't live here ...
 senior retreat ... r.t. and m.d.
 EDITOR. yes, co-editor,
 BEST BUDDIES-OMO, CATHIE,
 YOU KNOW WHO YOU ARE!!!
 ... SEE YOU IN NEXT
 DITTO! ... GOD BLESS YOU
 !!!!!!!!!!!!!!!!!!!!!



Karen Si Lee

Woman driver to a friend: "Will you look how close that maniac is driving ahead of me!"

Charles Rodriques In COLLIERS

"I would never want to belong to any club that would have someone like me for a member".

Woody Allen from the film "Annie Hall"

The Purple Cow

I never saw a purple cow,
 I never hope to see one;
 But I can tell you, anyhow,
 I'd rather rather be than see one.

Gelett Burgess





*Save a little room in your heart for me,
Save my pictures with your other
memories and I'll be there eternally . . .*

Eddie Money

*Hours are like diamonds;
Don't let them waste.*

Rolling Stones

Karen Ann Lee

*The other sieed . . . left on red . . . Lisa . . . specipac . . . The Atherton Boat . . .
what're ya talkin' 'bout? . . . puddles . . . are you REALLY here . . . So you go to
Paris, France—AND . . . you're right there . . . c'est ca . . . Denise Good- Geor-
gian Oyer . . . KZSU . . . Demo . . . Clearlake . . . Castle . . . Bowling . . . Marriot's-
"Where's Julie?" . . . Kelley, Kristen, Angie, Julie, BMcE, Puppy, Mom, Dad . . . -
Thanks for the love and the laughter . . . My 13 yr. buddies, it took a long time but
we did it TOGETHER!!!*



*... I don't know whether to live or die,
and it cuts like a knife,
he's out of my life ...*

Michael Jackson



Karen T. Lee

Dom Perigon, Audi Quarto, Saab 900 turbo, tennis lacrosse, horseback-riding, we got busted, "so what, big deal!" 79 summer— boogie all night, Sophomore ... 11th, Sept ... hace frio." —stop swearing, Nora. Junior ... fun, fun, fun ... "Want to play tennis, Eriko?" "Suuuuure." ... Cuernavaca, Mazatlan, London, Hawaii, Japan, My summer job. "Slam it!" "Oui, we?" "Jeannie, we are bad!" ... "Cooooold ... hhhhhot!" Senior ... Je vais te manque tous.





*Music is a language without a dictionary
whose symbols are interpreted by the lis-
teners, according to some unwritten
Esperando of the emotions*

Aaron Copland

Sophia Lee

*One and half year in Sacred Heart CONVENT ... Exciting ... lunch time—
Round Table, Mama's, McDonald, Le Fromage, O'Mei ... Lina ... basketball,
fun but lot of works ... sprained ankle ... people— fun to stay with ... field-trips
... opera, museums, art galleries ... GOOD TIME IN S.H.*



The greatest path toward truth is experiencing life by crawling in its dirt and being lift by the wings of its beauty.

Rinder



Winnie Lee

Good-bye Taiwan, Hello America! So long my best friends Bianca, Sylvia and Grace. See you guys in summers. First day of arriving at U.S. was excited, I started new life. Got into a famous school, Sacred Heart. I was so happy, Living in the dormitory I make a lot of new friends. Helpful, friendly, and pretty girls: Lisa Kahn who enjoys dating with guys. Eating candies. My next doors roommates: Cindy Lau, Alice Tang, and Sara Moose are so friendly to me. But I still miss my old friends, my parents who are living in Taiwan. Hoping time flies like an arrow so that I can go back to my mother country.





*Music, when soft voices die,
Vibrates in the memory—
Odours, when sweet violets sicken,
Live within the sense they quicken.*

*Rose leaves, when the rose is dead,
Are heap'd for the beloved's bed:
And so thy thoughts, when Thou art
gone, Love itself shall slumber on.*

P.B. Shelley

Adrienne Mary Leung

*April Fool's Day . . . July 28, 78: Sausi . . . Mar 80: "Call" . . . July 80: "Gold" . . .
Aug 80: Mon . . . 1st roommate: Alice . . . Math: "Lazy-lazy-free" . . . Twin Stars,
San Bruno, May 18, 81: Nuj . . . Marriot's Brunch: Sherry . . . Mar 23, 81 Anne . . .
SFO . . . May 22, 81: Bo, Char, Sansan . . . May 16, 81 6:50am: Caroline . . .
Peppermill . . . July 21, 81: T.D.L. J2000 . . . Kid: Grace . . . Sun 12-4: Oakwood
. . . Alex: Jacky . . . Poems: Nancy . . . Halloween: Lucia . . . music: Lily, Big Win
. . . Dec 31 1999 . . . Thanks for Love and Support: "Bean," "Cat," "Paulpig,"
"Hi," "Chick-chick," "Wilson."*



*We drank a toast to innocence
We drank a toast to now
And tried to reach beyond the empti-
ness
But neither one knew how*

*We drank a toast to innocence
We drank a toast to time
Reliving in our eloquence
Another 'auld lang syne'...*

Dan Fogelberg



Anne Mac May Yee

My first roomies, Jeanbo and Jackbo... Orange Hall... Are you Japanese?... Ikuko, Sumiko, Tomoko, Hanami... East Coast... the 'priest'... Lulu and Patty, Mexican Food... Nuj, you know EVERYTHING!!! 99REM Ad+B... Char, San, Ling, Bobo... Yuen Yung, March 23, 81... God-dad & God-mom... Ring Dinner... Caroline, Japanese songs... Andrea, the '4 of Us'... summer of '81... Abby and friends... My red baby... Peat and Anthony... Eriko, gin+grape fruit soda... Ceci & Ann... all, especially to mom and dad, You Make It a Reality!!!!





Janette Mac Donell

R-r-R-r always ... city fantasy ... quarter ... New York ... ElCamino's Cookie war ... mountain climbing ... 17 years friendship ... Lisa, Melissa, Slavic. Tell a friend if you have ... ain't it good ... to know ... Mexico 81' ... Zx days ... alhambra ... No Shar ... Pre-final party ... 3 froyo ... she's so cold ... precious ... never fade away ... D. O. Map ... DDFSHTT ... L.H.F. ... if it's a car you lack ... YA!! Jan, Scottish wooman ... Let's ski ... Jheremiing ... weren't you the one that like ... I'm cute ... pop off ... Bell g. after. 6th LEOOO ... M.M& ALL THOSECRAZYBUDSOMINE ...

*Miss you ... Bye ...
Though we must move on now let's never forget the laughter ...*

Let the good times roll

Take some time to laugh and smile

S.O.S.

*Is there someone you know
loving them so
and taking them all for granted
they may leave you someday
someone takes them away
and they don't hear the words you
longed to say.*

Best of Bread



There's nothing you can know that isn't known. Nothing you can see that isn't shown. Nowhere you can be that isn't where you're meant to be. It's easy. All you need is love, love, love is all you need.

Beatles



Hitomi Nakabayashi

Senior finally! ... 8:20? I'm getting late for class ... Did I get any mail? ... What's for dinner? ... Parties!! ... Punks ... Happihouse ... Stanford Shopping Center ... "kiss on my list" ... 2 years in boarding school ... Oh, I miss my friends in Brazil and Japan ... England ... retreat ... popcorn-fight in truck ... Freak Out ... Pattama, Ommid, Anne, Becky, Lisa, Cecilia ... and all my friends in Sacred Heart ... Mum & Dad ... Thank you for help, concern, friendship, and everything else you've offered me ... I love you all.





Somewhere over the rainbow skies are blue, and the dreams that you dare to dream really do come true. Someday I'll wish upon a star and wake up where the clouds are far behind me, where troubles melt like lemon drops, away above the chimney tops, that's where you'll find me. Somewhere over the rainbow, blue birds fly, why oh why can't I?

E.Y. Harburg

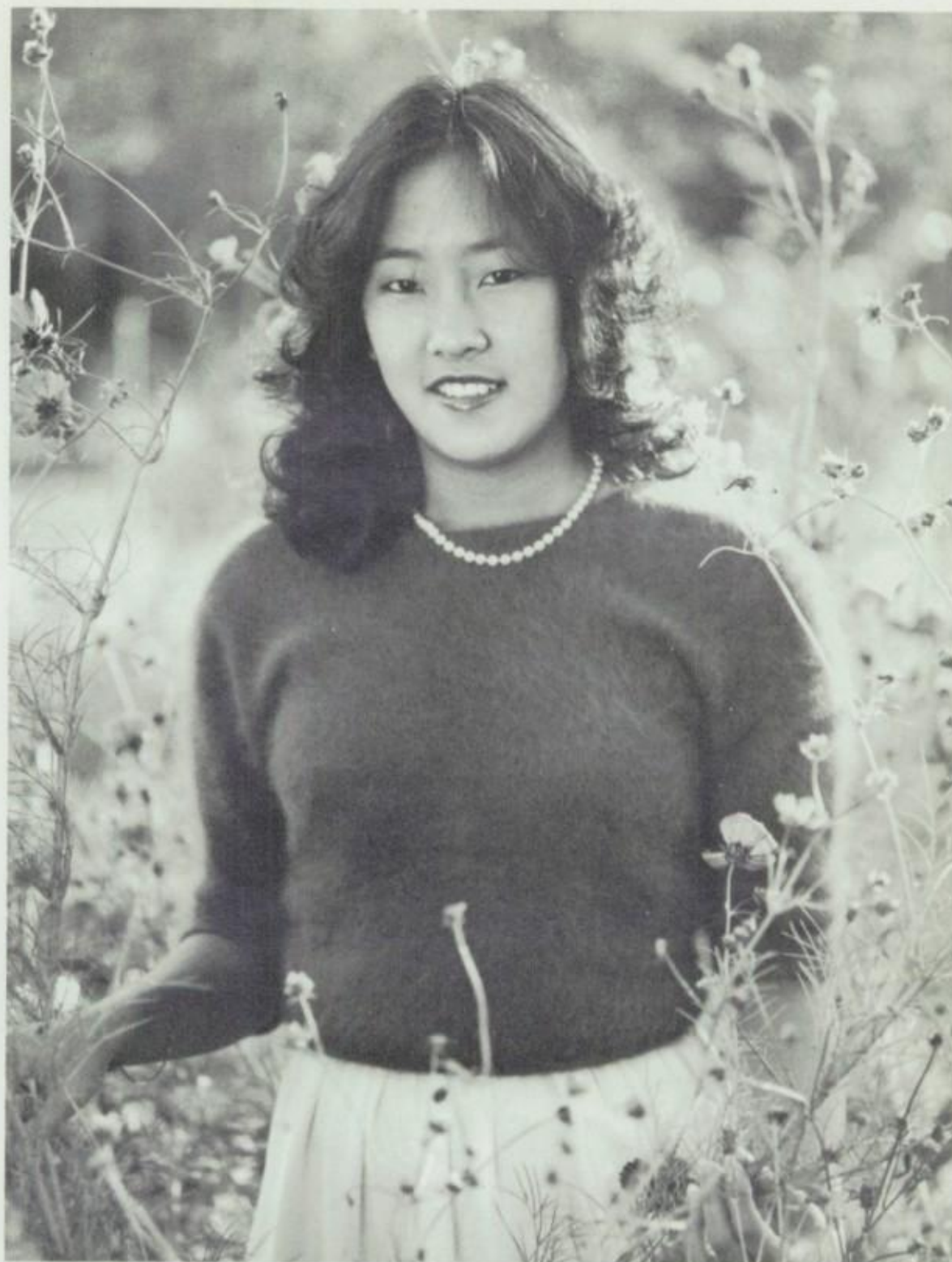
Wini Nelson

May I? ... puddle fights ... Lets Do ... The 3:24 ... cereal, peanut butter ... New Years '70 ... SHL, SR ... We Bad! ... Disneyland ... Hey Lanahan! ... MFB ... Cat ... Alpine Village Motel ... Roberts ... Chatting at Barbs ... Fea ... Holy Trinity ... Laural & Hardy ... dreams ... cousins ... CC & JK ... Wash. D.C. ... He's 24 ... It's not my day ... Valle Sagrado y Ochoas ... I'd Rather Be Rowing ... BB ... I'm taking interest in you ... Senior Year!! ... Take Care ... Thanx Mom & Dad, you really do "light up my life." XOXO



*Some say love it is a hunger, an endless
aching need. I say love it is a flower, and
you its only seed. When the road has
become too long, and you think that love
is only for the lucky and the strong. Just
in the winter far beneath the bitter
snows, lies the seed that with the sun's
love, in the spring becomes the rose.*

"The Rose"



Jeannie Yuuko Niimoto

*My great roommates: Annbo, Jackie, & Hanami-chan . . . I can't get up, it's still
dark . . . Mexico, April, '80, '81, '82 (!?) . . . Japan . . . We BAD . . . Hey Partner
. . . Sam's . . . OH NO, MR. BILL! Squaw Valley . . . H: Just a minute . . . J: UH, no
thank-you . . . Bromas . . . Hawaii . . . G&Ts . . . tennis. ELBOW . . . Mickey
Mouse . . . UNCHI! . . . These were the best of times; I'll miss you all sooo much!
. . . Karen, Eriko, Hanami, Tomoko, Anne, Ikuko . . . Mom, Dad, & Linda . . . I
love you all; you all mean so much to me . . . THANX!*





Friendship is a never-ending emotion, a soothing devotion, that warms the heart, cools the temper, eases the mind and excites the spirit. It makes the bad times good and the good times even better.

Catherine Rene Panganiban

*Stanford . . . Mazatlan . . . BMW- "Don't stand so close" . . . just do something!!!
 . . . "Don't stop believing" . . . Will you marry me?!!! . . . Carlo . . . JOY . . .
 divorce . . . Beach- let's have a party . . . M.U.N. . . . Concerts . . . Skiing . . . such a
 KINKY girl . . . Serra . . . Santa Cruz to San Francisco . . . Urgent . . . FERRARI
 . . . grad night . . . frats! . . . Cheez and crackers, . . . Punk man . . . Set me up . . .
 Celebrate those good times my friends. Thanks and love to you all! Ommo, Mona
 Lisa, KSL, Beck, Paymo, Lizzi, Juju, Grama, Mom and Dad. I LOVE YOU ALL.*



*To know where you are is a good thing;
but it is as important and perhaps more,
to know where you are going.*

When one door is shut, another opens.

*Nature does not require that we be perfect;
it requires only that we grow, and
we can do this as well from a mistake as
from a success.*

Rollo May



Regenia Peters

Frosh year . . . the good old days . . . chocolate chip cookies . . . Texas . . . hot times . . . Sleep-Eze marriage classes . . . BSU (joke) . . . Gosh Diana don't laugh . . . Monica you look good-you know? . . . Well exc-u-u-se me . . . Candy, That's nasty . . . Bonjour Ray-gee-nee-ya . . . get outa there . . . Dang me that's good! . . . stranger in the senior lounge . . . when I get my hands on you! . . . Yeah, We Bad!!! . . . C-kay, Mike, & SueSue, je t'aime . . . THANK MOM AND DAD . . . you made it all possible . . .





*Now we take our time . . . so nonchalant
and spend our nights . . . so bon vivant
We know it's all a passing phase
But I've loved these days*

Billy Joel

*Time to stop this dreaming, must rejoin
the real world
As revealed by orange lights and smokey
atmosphere.*

Genesis

Kristen Mary Peterson

*Sams . . . laugh team . . . Not Quite . . . crew . . . the great plunge . . . GROOVY . . .
the other side . . . my precious SIYA . . . I nights . . . brain? . . . what brain? . . .
Alpine Village Motel . . . Joe Walsh . . . Skynard . . . ZEPPLIN . . . Mod Squad . . .
Lenard . . . Beth's 18 . . . THE door . . . the hoedown . . . MUNCH OUT . . . the
key . . . Linda Vista . . . The Stones . . . the Dows . . . the sacred squirrel . . .
FREAKER . . . Hi Jeepman . . . Hi Janie, college here we come! . . . Kraft M&C
. . . Nan, Lol, Poppa, MOMMY and DADDY I LOVE YOU!!! . . . that's the way
the cookie crumbles.*



*There are places I'll remember all my life ...
All these places had their moments,
with lovers and friends I still can recall,
some are dead and some are living,
in my life I've loved them all.
I get by with a little help from my friends.*

The Beatles



Pattama Pisalyaput

Senior finally ... 5 years in the boarding school ... Beatles ... Lulu ... Veronica ... Noodles ... Mu Shu pork ... Cassettes ... Posters "I want to go to England" ... No homework! ... Mexican food ... Movies Menlo ... Stanford ... Tower Records ... Old Mill ... Lost in San Francisco with Lorenia ... Anny Macky ... Is it? ... Did I get any mail? ... Hitomi ... 4 years with Lorena & Ana Sylvia ... Typing ... '82 ... So long everybody ... I'll miss you all ...





Legia Marie Rillos

OOO San Gregorio ... OOOHOOHOO .. I'm sooo tired ... GET OFF ME!!
 Knife ... AHHHHH ... I'M deaf ... I'm BLIND ... It's Beautiful ... May 19/
 1979 ... THE BEST ... Screwdriver ... picture this ... Persian Carpet ... A/4S
 ... Cezanne ... HE'S MINE ... VIRGINIA ... S.H. IS BETTER THAN
 MENLO ... I used you ... LOSER ... Bamf ... L'il Steve ... (perplexed)
 CHOCOLATE EGG ... I'M CUTE EVESDROPPING Mike/4 Kelly/1 ... PUN
 ... STOPS ... AND LESLIE ... CLINT-LINDA ... RALPH ... Thanks Tramp
 ... Thanks Mom, Dad, Kaae, Karim and you too Kerstan
 Boom Boom Out Go The Lights

"Live your life like there's no tomorrow."

Van Halen

My journey tomorrow is always just beginning ...

Laugh at least once a day 'cause a day without sunshine is like night.



1. Friend;

Even though the time comes that we shall leave . . .

. . . you will be there.

. . . and then when I was happy and you always seemed to know; . . . Now we're seniors, and our high school days will end . . .

. . . you are there.

. . . and the past has now gone by . . .

JLR & CAJ



Julia Lauren Roberts

Juju, Juge, Jufu, Pumpkin, etc . . . Thanks: LH, CJ, SPM, JPM, WJMcE III, EU, AG, MN, KL, CP, JR, THE DFPettes, & the rest of you, you know who you are . . . DFP . . . McDermott Family . . . Help! Mr. Wrangler . . . Living X-Mass Tree '79 . . . Froggie Power . . . Hyatt-3 dozen!?! . . . PML; tows, night on the docks . . . 3 types of fishing . . . Great, Just great . . . Skiing Cath!!! . . . It's soo cute . . . Sept 19, 1980 . . . Really? . . . "Lights" . . . Beth, are you sick of licorice yet? . . . Goodbye SH, Hello Future . . .

Thanks Again,

JLR.





*... Light of the world, shine on me.
Love is the answer
Shine on us all
Set us free
Love is the answer.
England Dan & John Ford Coley*

Ana Sylvia Salaverria

What an experience, Boarding School ... '81, best year. Lourdes, Lina, best friends forever. San Pancho ... Nouhra, Karina, Angelica, Margot, Cleo, Mama-Carmen. Easter Vacations, Mazatlan ... Valentinos, Senor Frogs. Hotel Playa ... triciclo ... What a Shock!! Buah! burp. Carmecha you're campused. Chinese food ... Pig out! I'm getting fat. Lunes dieta ... Deidre ... Necia, Debbieux ... Pisalyaputita. Thania, Raul, Fernando, Lorena, Los quiero a todos. Tout le monde sont belles. Thanks Mom and Dad. I love you.



*It was an early morning yesterday
I was up before the dawn
and I really have enjoyed my stay,
but I must be moving on.
-Supertramp.*

*To the GANG of Sacred Heart,
Thank's a lot, I loved It.
-Me*



Lorena Salaverria

Four years Boarding ... Incredible! SOY SALVADORENA. Have I got any mail? KARENCITA we got busted ... "so what big deal!! Party, San Pancho, Hotel ... wow! Maria Jota, Lucia, Chumpe, Friends forever!! Summer 80-81, excelente. Lorena corre larga distancia! ... Best memories: Nora, Carmen, Karina, Margot, Nouhris, Angelica, Cleopatra. Easter-Mazatlan, Lo mejor!! Pina Colada ... Senor Frog's Sombrero Tortillero. Debolella-chambres. Didra. STAFF THANK'S ALL. Tania, Raul, Fernando, AnaSylvia, Los Adoro. PAPI-MAMI, all my LOVE for you.





Aileen Silva

Bell games-fun times after: 7-11: wbb, BA: ASB pres-please, call me Aileen: Hard Rock Cafe: San Diego: softball, soccer killer cleats: sm x-country: Big L: captain - again?!: darn glad to meet you: BAMF . . . who leads the hail-to-me cheer?!: anxiety attacks: headbands: stapletons: x-retreats: bake sale charges: candy bars: gross dates: goo-crazy mondays: v-8 with cochemist Heidi: let's go to the store: being in like: FRR: summer of 81- the best: unlived senior experiences: THANX

to Judy, Tom, Michael, Mark, Ann, B.J.

*Today you are you
That's truer than true
There's no one alive
That's youer than you . . . Dr. Zeuss
friends..*

*We were laughing light hearted tunes
on those sight seeing afternoons
and telling a joke or two
it's time to find my place in the sun!
Via Pablo Cruise*

*These are the days my friends
I hope they never end
We sang and laughed forever and a day
and now as we all move on
each of us a separate way
store the memories of days gone by
and all the great times we had
and when you feel lonely or sad
look back and . . . let yourself laugh . . .
me*



And now that we have come to the end of our rainbow, there is something I must say aloud . . .

Mom and Dad-Thanks! For making my dreams come true.

Friends-You're the GREATEST. Just remember you've got a friend Craig - You'll forever be my endless love!!!

It's been GREAT-See ya all somewhere over the rainbow!!



Cynthia Jean Sincerbox



B.T.A. . . . Cowboy Boot Torchure . . . MAP . . . In the sink? . . . March 22 . . . September 12 . . . corn nuts . . . No Bed . . . Nachos . . . Commay Ma . . . DFB . . . You're cadillac's a comin . . . Who gave you the dreaming pills? . . . Do Ya Care? . . . Hey Kiki . . . Tex 1&2 . . . B.A.M.F. . . . vanilla nipped . . . I Love the Night Life Baby . . . L.H.A.F. . . . Cal-Poly . . . I just got back from Alaska . . . Can I drive? . . . The bombs a droppin! . . . burned trampoline . . . Thanks all!!! Hold on tight to your dreams!!! Chow for Now!!!



Eileen Theresa Slavin

Life is what you make of it . . . Wild Times . . . 10:30 rendez-vous . . . Dreams come true . . . Mac: You've got a friend, C'est la vie, "library nights" megamemories . . . confidential, bow tie, a special friendship . . . Sharon: "Yeah were sisters" scoping on victims, porker group . . . Melissa: window action, RAM TOUGH . . . Cyndi: 1st married! . . . Exchange '81 BLOOMFIELD HILLS . . . THJ: Thanks for the memories, Formals . . . night lif . . . choodle of Bantaign

To my family:

Dad, Mom, Elizabeth, Kathy, Tim, Mary (goddess), Patrick and James- If love is what I sought you gave more than I knew existed. I have all of you to thank for my happiness and success.

*What you will be, you are now becoming!
What you are is God's gift to you;
What you make of yourself is your gift to God.*



*... Bell/Menlo games ... 13 years of this.
Class of '82 my love goes with you!*

*I walked on the beach in the early morn I
ran on the sand till I could breathe no
more and stood on a rock looking out at
the sea and believed what I said when I
said I feel free.*

Steve Miller Band



Kelly Nannette Stokes

*Ooo-Menlo Park ... grunt ... May 19, 1979—the best! ... Frank Zappa rules ...
A4S naus ... Michele, Checked out any good ones lately? ... Patt, Patt, School
Supplies ... Hey Denise ... Scirroccos Don't have wings? ... Journey- "Point of
know return" ... Come Back Baaaaby ... tan Cordoba ... Fellow America ...
you resol ... do Fame ... Jan, P. wants to marry you ... I'm laying out and being
quiet. Thanks Al, Leg, Jan, Bri, Meeshel, Rup, and Mom and Dad. I love you all.*





*Sometimes we walk along a path
Beneath a cloudy sky-
There's nothing to the right or left
To lift our spirits high;
Then at last we turn a corner
And there bursts into our view
A scene of light and beauty
And the world seems fresh and new.
So always hold this little thought
That cares are bound to end
And there's a brighter day ahead-
Just waiting around the bend
Jean Kyler McManus*

Alice Yuk Yee Tang

a senior . . . going to be a university student . . . much challenges and difficulties is waiting for me to face and tackle . . . It is unbelievable to meet my favorite teacher here . . . Eliza and Arthur . . . the couple in the world . . . Cindy, Karen . . . Oh! my beloved friends . . . they brighten my life . . . friendship is everlasting . . . Thanks my parents who gave me this golden opportunity to meet so many wonderful friends in Sacred Heart.



*Everyone tells me, if I survive,
 Sooner or later, help will arrive.
 Everyone say's the sun's going to shine,
 Sooner or later, it's going to be a long
 time. Maybe tomorrow, maybe next
 year,
 But sooner or later, love will appear.
 William Gene Chao*



Lucia Tsang

August 29, moved in ... Grade 12 ... September, Senior-Freshman Party (Jane & Trixie) ... Tennis Team ... October, SAT! ... International Dinner ... Halloween Party (Adams Family) ... Halloween Committee (Adrienne) ... November, Senior Party ... SAT! ... Freshmen Initiation ... International Luncheon (Anne) ... December, ACH! ... Candle Light Mass (Why? Chris!!) ... Kris Kringle (Aura Corpus) ... Joanne & Mary ... Jeannie & Karen ... Kathy ... Winnie ... Eriko ... Allison & Julie ... Aileen, Ellen, Carrot!!?!





It may be those who do most, dream most.

-Stephen Leacock-

I see nothing in space as promising as the view from a Ferris wheel.

-E. B. White

Evelyn Carol Uhlig

Time travels quickly . . . already a senior . . . die deutsche Sprache . . . SMILE! . . . let's go shopping . . . painting . . . cheerleading . . . c'est formidable . . . die Katzen . . . Towhead . . . mixers . . . Woodside Priory . . . SI . . . the City . . . modified preppie . . . Class of '82 . . . be creative . . . awesome . . . DFP . . . Dance Concert '81 "We're Coming Out" . . . collecting craze . . . music . . . dreams . . . c'est la vie . . . I love you all . . . Good luck . . . Au Revoir . . . Auf Wiedersehn.



*There are places I remember all my life,
Though some have changed,
Some forever, not for better, Some have
gone and some remain All these places
had their moments.*

Beatles



Linda Mae Van Housen

Clint Eastwood #1, William Shatner #2-Legia- what did you say? (Stunned), Big fat pig ... Bananas ... Wright, your dad, I feel stupid ... Math 80, Great class, Mary he said it to you ... Running, BEST!, Basketball 2nd, Van "Has been", HELP I'm choooooooking ... Annie (BFP) Notes ... Aileen ah, not important anyway ... Janet, WHAT!, married Sulu ... Senior Lounge, Soaps ... Annie "Drop out" Griffith ... Thanks Gary, Miss you Brad, love you mom, Thanks Mike, Love you all.





Diana Vasquez

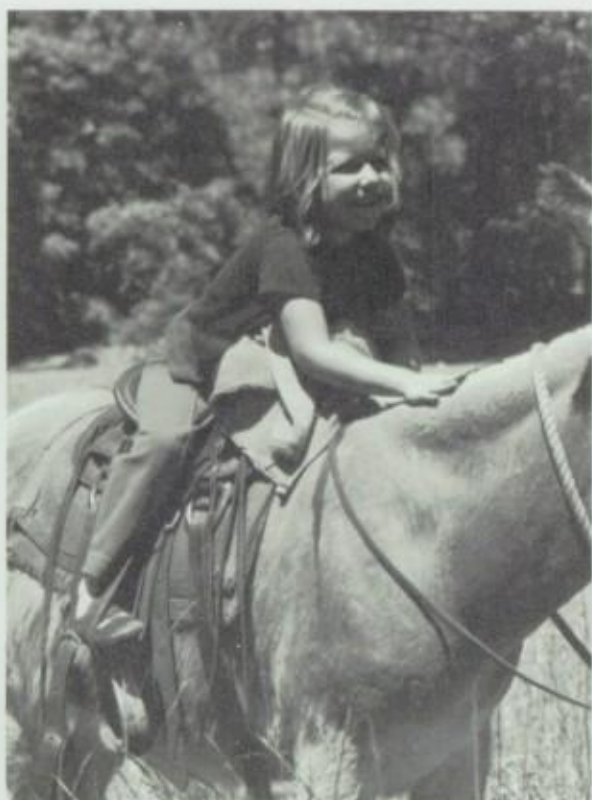
Hi Mom I'm home! ... Did you do your homework? ... Maria - "Hey Brooke!" ... "God Regina don't laugh" ... Another ticket Karen? ... Going out ... camping ... nite life ... France, Europe ... Bonjour, je suis americaine ... Anne-frenchfries ... Laura, I can't think of what to write ... Remember w.c.'s ... concerts ... Van Halen ... Rolling Stones ... etc..I'm late again ... bowling ... J&D ... Caron's house ... mini men ... Can you imagine ... "Where's Andrew?" el terror- Nicole ... Shut up mom ... Mom and Dad ... thanks .. C.V. & ME ... I Made It!!!

*I got no time, to sit and wonder
I got myself, to reckon with
Yeah and life won't drag me under
Even if it takes, all I have to give
I'll give it all.*

*Foreinger
Everything thats small has to grow.
Led Zeppelin*



*Get up, back on your feet
 You're the one they can't beat
 and you know it- Come on let's see
 what you've got Just take your best shot
 and don't blow it-
 Styx*



Dy Vincent

Can't believe I'm a Senior . . . memories include . . . Awesome Foursome . . . Pigs United . . . Modesto . . . friendship . . . parties . . . David . . . Chris-I love you . . . Eddie Money . . . Life for the taking . . . it's been 30 seconds . . . Louie and Greg- we all miss you . . . what a star . . . you only live once . . . don't dream it be it . . . my brothers and sisters your great . . . S.S. . . thanks for the tennis mom . . . I know it's only rock-n-roll but I like it . . . thanks Dad- I love you very much!



Heidi Marlis Wegman

Blivit . . . Yellow cars . . . Alaska' 80- CHEERS!, The Starlight, (Chris) (Jill) Brian, Ian, Formals— they Poured it out! V-8 with co-chemist Aileen . . . Christmas '80 BUBBAS . . . in the sink? I'm not coming back next year!! . . . the grocery Store . . . Mormon Church . . . W,C's for lunch. HOTTUBBING!!!! . . . British accents . . . Mrs. Pete, are we dancing today??? Study?- what's that!!!!!!???? . . . To someone very ticklish and very special, you'll always have my love! Thanks to everyone for the endless memories!!! It's been different!!!!

*So many faces in and out of my life,
Some will lost, some will just be now and
then. Life is a series of hellos and good-
byes, I'm afraid it's time for goobye
again.*

Billy Joel

*It's my life,
I love my life,
It's life for the taking!*

Eddie Money



*In the end everything is a gag
Charlie Chaplin*

*They say I'm crazy but I have a good
time. Life's been good to me so far far
Joe Walsh*

*There was a lady who had a dog that had
no arms or legs
—she took it for a drag
Dedicated to Cat*



Jane Susan Wright

HaHa ... Sto ... "God will provide" ... A toast ... The door ... Laurel & Hardy ... RB&B ... Lynard Skynard ... Joe Walsh 81 ... Cat ... SHL-CSR ... New Year's '79 ... the Trinity ... killer ... "louder and faster" ... Stones '81 ... Alpine Village Motel ... Tahoe ... G.G.Park ... Lindenwood ... Hawaii ... Collen ... MUNCHIES ... desert rats ... milk ... crew ... psychological ... the Vineyard ... the train ... Gino- I love you ... Disneyland '81 ... always huggin' the wheel ... All my love to Mommy and Daddy ... Take it easy, take it real easy.





*friends we knew
follow us through
all of the days
of our lives
love we shared
waits for us there
where our wishes
forever reside*

Dan Fogelberg

Regina Yulo

Al; these places had their moments with lovers and friends I still can recall. Some are dead and some are living, In my life I love them all. Thanks Dad, Mom, Thank-you for everything . . . I love you both . . . Regina

*I want to learn what life is for
I don't want much, I just want more
Ask what I want and I will sing,
I want everything!*

Rupert Holmes



Gina Woo Yung

A senior! ... T,G,I,F, ... Diets! ... Did I get any mail? ... Christine, It's eleven now, lightsout? I didn't finish my study yet! ... Kenji Sawada ... Hideki Saijo ... fox! I love them ... Chee Sin ... Hong Kong ... Lousie ... Tong Ting ... Chinese Food ... Tim Shum ... Mmmm! Porsche 928!! ... You guys are wonderful: Mammie, Daddy and Lousie ... I love you All! ... Goodbye, Sacred Heart ... Love Ya!





"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer, Let him step to the music he hears, however measured and far away."

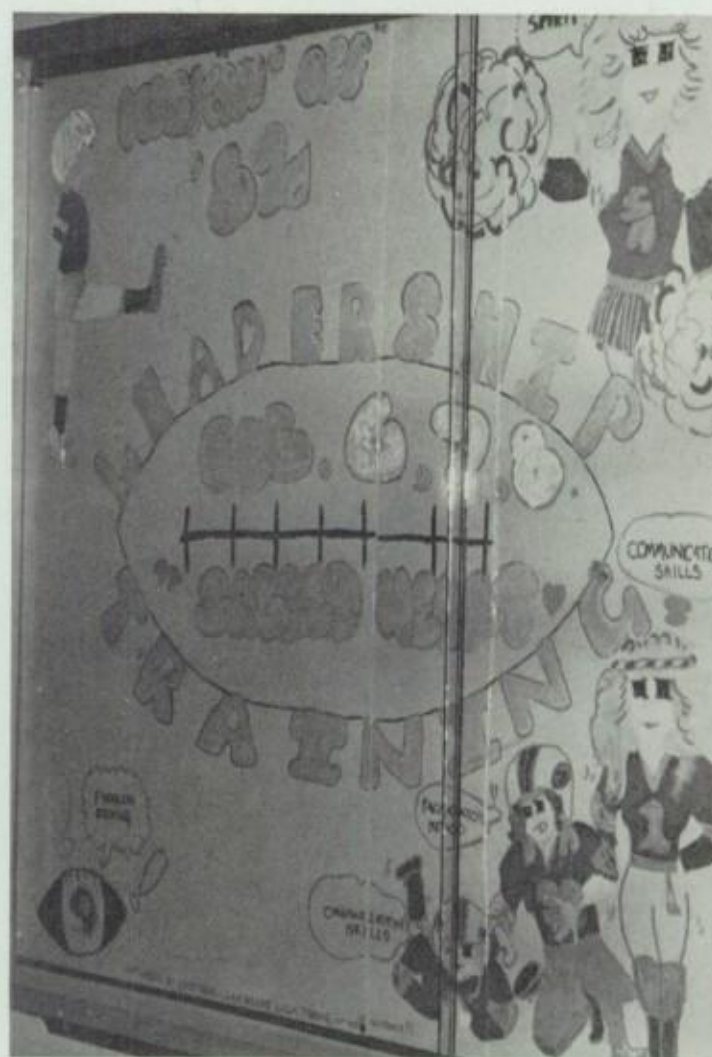
Henry David Thoreau

Christine Marie Zwierlein

The happy times-This one's for you, '82... Rainbows Upside down are like smiles right side up... Days in The West... It's all in the family... Senior Retreat... "Chris, set me up"... Parties, Proms, & All-Nighters... K.F.'s VW#1... no regrets... Tennis - I'm so embarrassed, M. Chap.did ya call Jen?... Old friends (J.H.L.R.-my dad's a word maker?!, M.D.-Nick, K.S.) - I Luv ya all... Life goes on... Thanks mother and dad! Kissy



STUDENT GOVERNMENT





Senior Class President-L. Rillos



Executive Council (L.R) -M. Hernandez, S. Wallery, A. Corpus, J. Ramacciotti, Sister R. Thompson, M. Norona, L. Kahn, L. Rillos, and L. Dougherty.



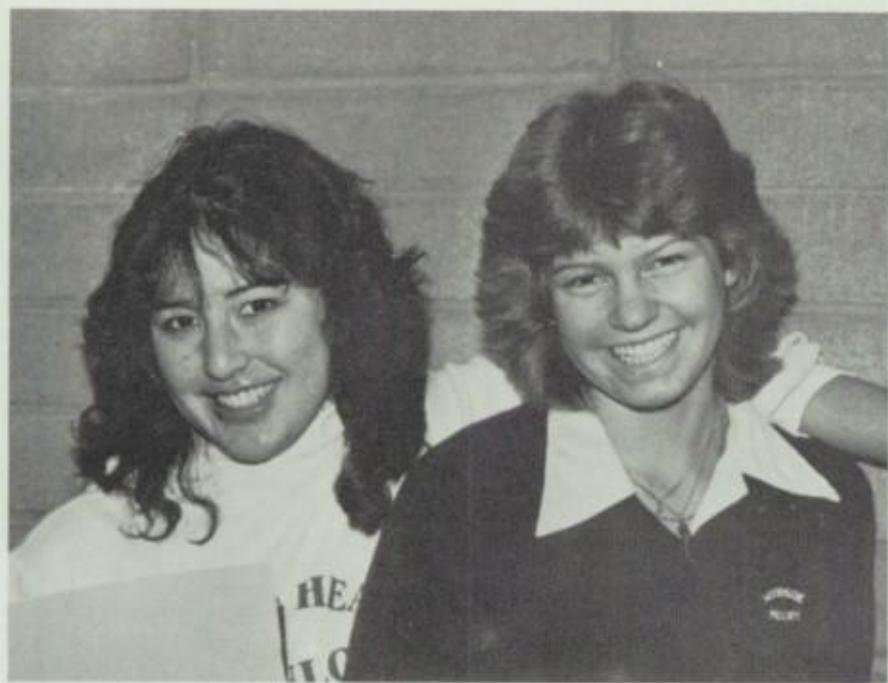
V. President-C. Sincerbox, Secretary/Treasurer-E. Slavin.



Senior Class delegates-C. Carson, A. Mac, J. Halter.

Student Council(back row)-E. Slavin, K. Stokes, E. Silva, C. Carson, G. Oswald, W. Nelson, L. Yuki, S. Ulanday, L. Dougherty, M. Furbock, A. O'Connell, A. Sifferman. Front Row-A. Hollenbach, C. Sincerbox, C. Stahl, M. Carlos, K. Strout, M. Vu, C. Kwan, and A. De Villiers.





Junior Class President-L. Kahn, V. President-L. Yuki.



*Junior Class delegates-D. Constantino, S. Ulanday, G. Oswald. Secretary/
Treasurer-M. Norona.*



Sophomore Class President-M. Hernandez. Secretary/Treasurer-S. Phillips.



*Sophomore V. President-A. Sifferman.
Delegates-M. Vu and M. Furbock.*

Freshman Delegates-A. Hollenbach, M. Carlos, C. Stahl. Vice-President-J. Ramacciotti.



*Freshman V. President-K. Strout and Class
President-A. Corpus.*



Clubs and Committees

1. Dungeons and Dragons-leader: D. Paponis. Members: M. Anderson, M. Carlos, C. Colenaty, A. Corpus, D. Hoche-Mong, J. Irwin, I. Kaersvang, L. Perfumo, G. Rossi, C. Stahl, A. Tucker.
2. Pep Squad-Members: K. Forbes, J. Hinkin, K. Kelley, C. Latta, V. Lok, S. Lorenz, K. Strout, M. Thomson.
3. Looking Good-leaders: A. O'Conneil, A. Sifferman. Members: B. Dickey, Y. Goyhenetche, L. Ha, H. Kwon, K. Lambert, L. Lemmon, S. Phillips, F. Rowell, P. Salinas, A. Tobin.
4. Honor Society-Members: L. Abadou, E. Glockner, J. Gutierrez, A. Leung, J. Loke, M. Lucier, A. Mac, E. Monroy, K. Stokes, K. Ting, S. Ulanday, K. Wang, L. White, A. Leung.
5. Crafts-Leader: Madame Ralph. Members: A. Goyhenetche, A. Hollenbach, C. Jones, S. Lee, M. Placer, A. Sikora, M. Vu.
6. Newspaper-Leaders: C. Carson, J. Macdonell. Members: M. Blach, M. Calcaterra, M. Daschbach, K. Lanahan, K. Lee, V. Oswald, C. Panganiban, R. Peters, L. Van Housen, L. Walker, G. Yung, C. Zwierlein.
7. Cheerleaders-Leader: L. Kerin. Members: A. Augustine, B. Gardener, J. Niimoto, M. Norona, E. Uhlig.
8. International Luncheon - Members: A. Sokari, M. Furbock, S. Brooks, G. Dehnad, A. Griffith, T. Moore, J. Niimoto,

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1. Peer Counseling-Leaders: M. Luotto, K. Wilson. Group one members: R. Hamilton, K. Fertal, L. Lemmon, A. McKibben, S. Moose, K. Peterson,
2. F. Rowell, M. Tracey, B. Van Duzer. Group two members: S. Ames, J. Curry, D. Hickingbothum, C. Liddicoat, A. Mariti, L. Martinez, D. Taylor, S. Wallery, M. Zelaya.
3. Kris Kringle-Leaders: L. Rigby, P. Tecca. Members: V. Amid-Hozour, L. Brey, B. Brugger, S. Bundy, C. Katz, M. Hermes, T. Plough, L. Planting, S. Schneider, K. Sickel, A. Sokari, S. Spencer, A. Tobin.
4. Ski Club-Leader: J. Ramacciotti. Members: M. Ames, O. Asbaghi, D. Donahoe, B. Draeger, J. Draeger, C. Harrison, L. Lazzareschi, K. Lee, A. Leslie, K. Martin, M. Morgan, H. Nakabayashi, W. Nelson, D. Vasquez, J. Wright.
5. Interact-Leader: B. Draeger. Members: O. Asbughi, L. Chen, G. Dehnad, J. Gutierrez, C. Harrison, L. Krier, C. Kwan, C. Lau, A. Law, S. Lee, A. Leung, E. Lu, A. Mac, A. Mac, H. Nakabayashi, W. Ngan, A. Tang, K. Ting, C. Tsang, V. Tsang, S. Wong, G. Yue, Y. Yung.
6. M.U.N.-Members: O. Asbaghi, D. Constantino, G. Dehnad, M. Furbock, A. Griffith, J. Gutierrez, L. Lazzareschi, K. Lee, A. Mac, H. Nakaadayashi, G. Oswald, V. Oswald, S. Racely, K. Ting, E. Uhlig, S. Ulanday, L. Yuki.



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7. Social-Leader: J. Halter. Members: L. Basin, S. Brooks, C. Callander, M. Chapple, M. Christie, J. Davis, A. Dempster, K. Francis, M. Freeman, S. Hafner, A. Holt, N. Knight, M. Lanahan, W. Lee, S. Lonergan, M. Lynch, E. McNair, J. Roberts, M. Sandler, S. Steeley.

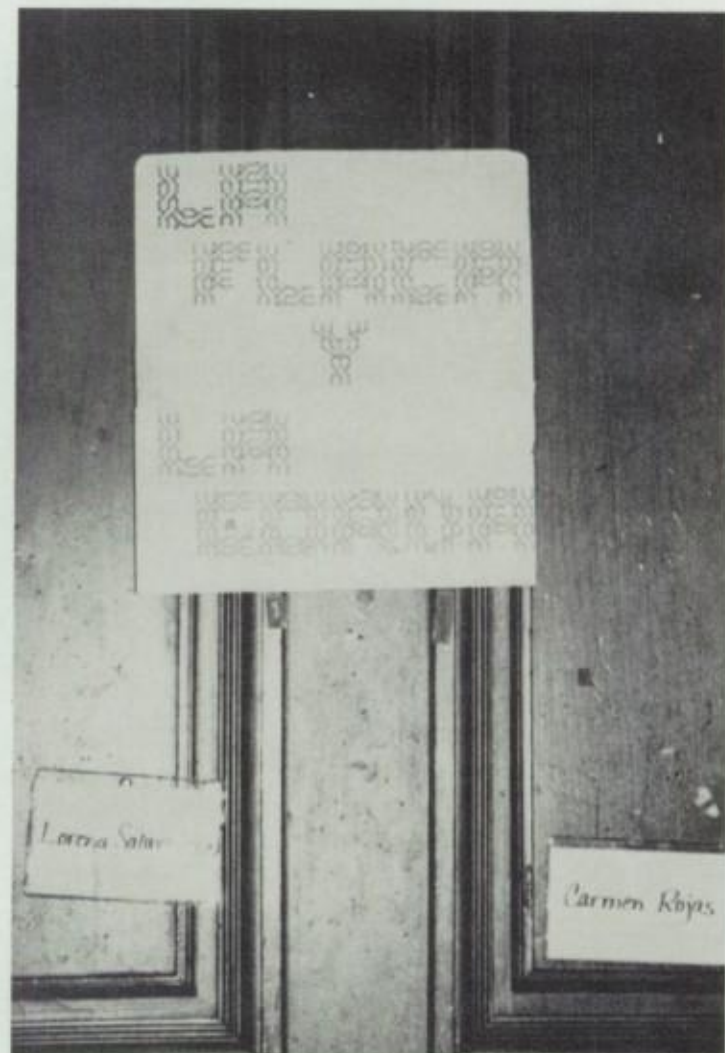
8. Halloween-Leaders: A. Leung, L. Tsang. Members: K. Bruce, L. Chen, K. Clark, J. Hobach, C. Kwan, A. Mac, J. Mac, C. Morgan, W. Ngan, C. Tsang, V. Tsang, A. Zee.

Exchange Students

The Sacred Heart exchange program enables students from Menlo and our sister schools to travel to different parts of the country and even the world. This year for the first semester, Menlo welcomed Cora Edmonds, Liz Krier, and Laurie Benton, all from Forest Ridge in Seattle and Lauren Brey from Duchesne in Omaha. The second semester, Moira Dempsey joined us from Stoneridge in Washington D.C., and Dawn Deocampo from Bloomfield Hills in Detroit.



RESIDENT SCHOOL





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1. The officers in our boarding school are; M. Anderson-Freshman Rep., E. Lu-Sophomore Rep., L. Kahn-Junior Rep., D. Lanier-Senior Rep., and J. Niimoto-Boarder Head.
2. Don't you think Debbie is cute? screams C. Rojas.
3. Max takes some time out to stretch her legs.



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4. Y. Yung and A. Law are enjoying festivities sponsored by the boarding school.
5. L. Lemmon is making sure that the laundry doesn't fly out at her this time.
6. Ms. Tener was a frequent visitor on the second floor.
7. The 49ers were such a big hit in the bay area, that P. Pisalyaput decided to put them on her shirt.

1. M. Anderson is going to be another Beethoven as long as she keeps on practicing.
2. The pinball machine is another source of entertainment for R. Yulo and A. Holt.
3. Here, M. Ames is raiding the refrigerator again.
4. L. Tsung, S. MacArthur, C. Rojas and L. Kahn share some comfort among each other in front of the t.v.



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5. Waiting for their meal to begin, E. Takeshita and T. Takeuchi are featured in the mess hall.
6. Is it really that funny Lorena?
7. Good friends are easy to make in the boarding school, just ask A. Mac or A. Leung.
8. Please play us another concerto! C. Tsang, Winnie Lee, wait for R. Hamilton and H. Kwon to play for them.

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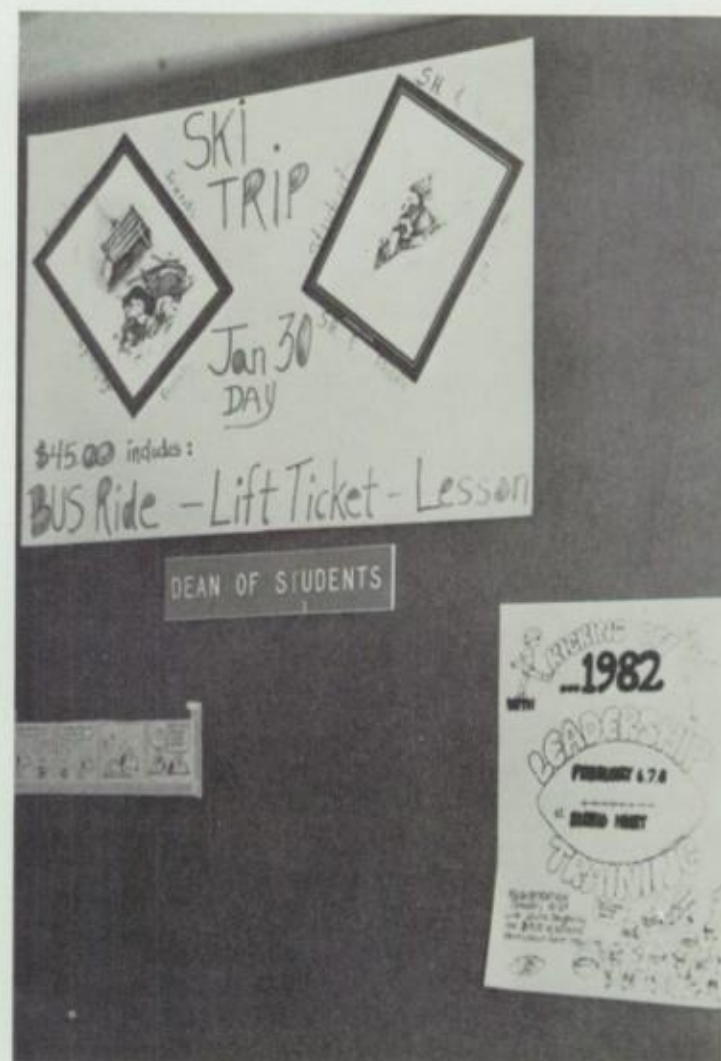
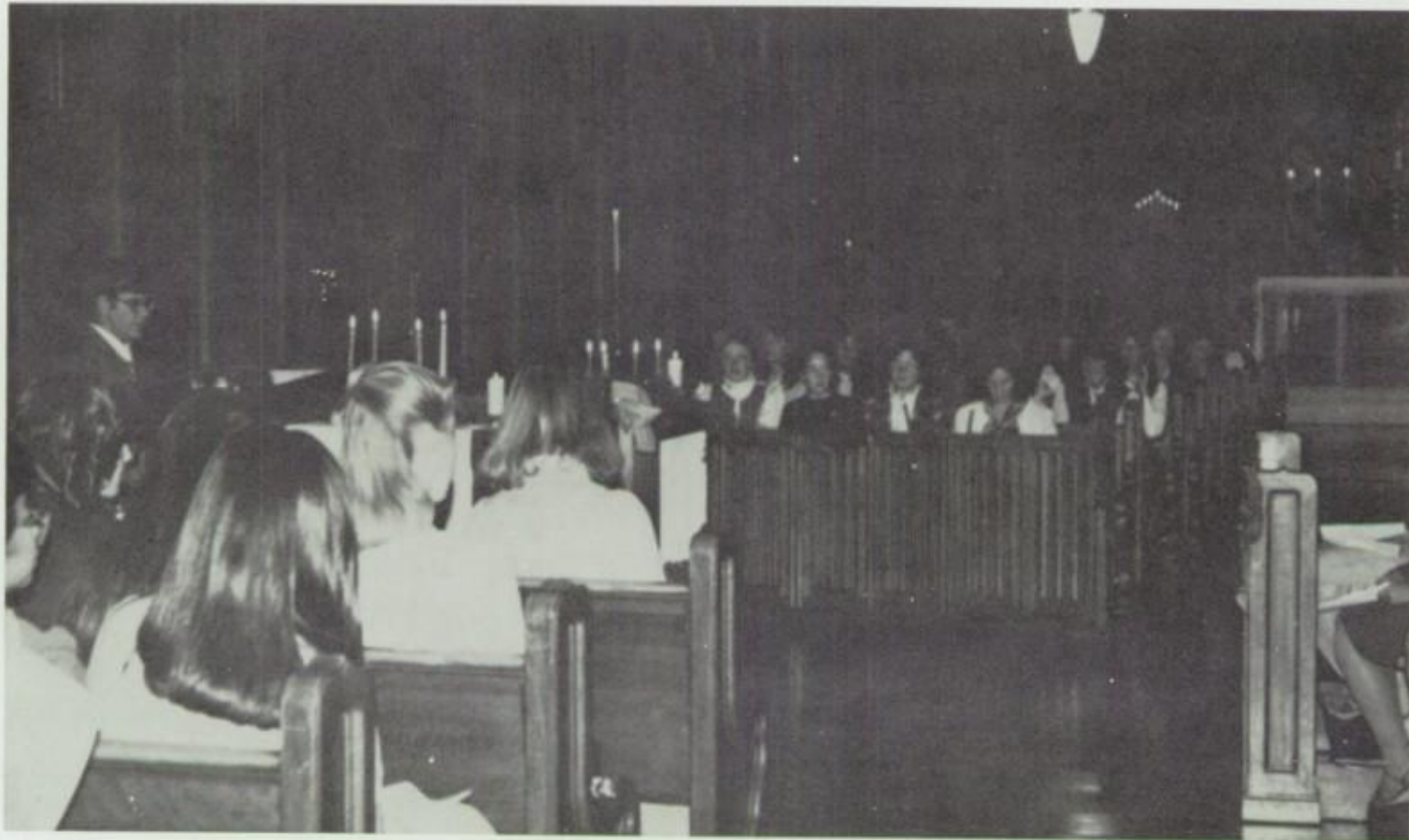
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1. Abby Mac is caught off guard while hanging a Christmas ornament.
2. V. Tsang, A. Law, M. Cheung, are a part of the boarding school family.
3. Here S. Wong awaits near the x-mas tree for Santa Claus to come.
4. F. Rowell chats with friends over breakfast.
5. M. Jitivare is quietly distracted from the television as one of our photographers snaps her picture.



5

ACTIVITIES





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Family Day Revisted



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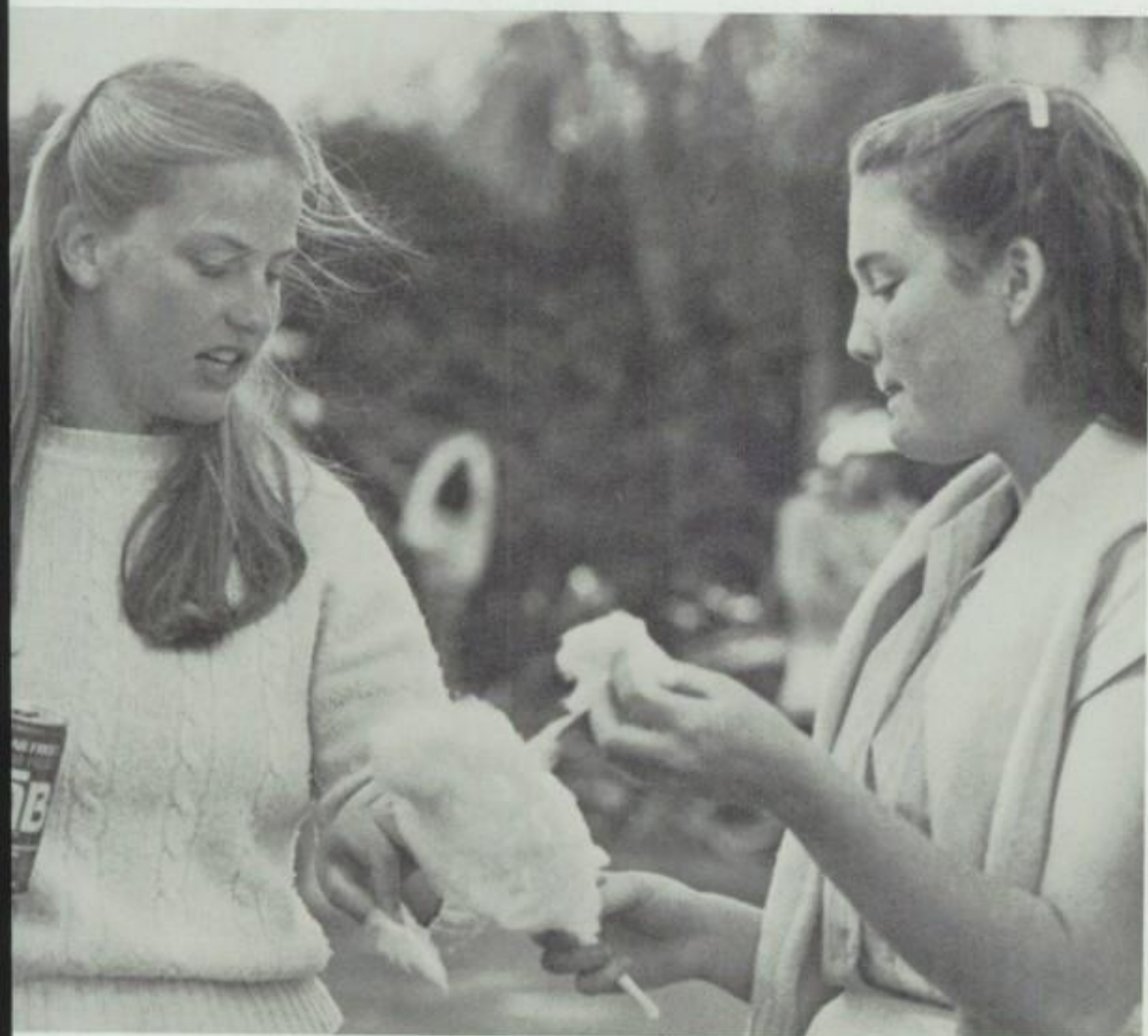
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With a beautiful October morning, Family Day began. Proceeded by a poolside mass, all ages prepared for a time to relax and enjoy themselves. There were several events ranging from hayrides for the younger children to live rock music for the teenagers. Young and old, enjoyed variety whether it be the Chinese food or the German selection of sausages, streudel, and German music which went with Sacred Heart's Octoberfest theme. Over all Family Day generated a true spirit of togetherness that allowed our families to spend one special day together.

1. A. Mac, C. Edmonds, L. Benton enjoy themselves at Family Day.
2. Clowns abounded everywhere on campus.
3. Taking part in the fun is M. Sandler
4. Face painters designed the childrens' faces.
5. A couple of student clowns entertain a small friend of theirs'.
6. M. Lucier and S. Schneider share some cotton candy.
7. Would you like to try V. Tsang, C. Lau, and A. Tang's delicious Chinese food?



7

HALLOWEEN



Indian L. Johnson and Minnie Mouse M. Norona

1



Punk Rockers: D. Constantino and G. Oswald

2

The Halloween committee did an outstanding job in organizing this years halloween party. The festivities were held during activity period and they included free cake and punch, a fortune hunt, a costume show and various games, such as: bobbing for apples and relay races. At this event there were all types of people, from an indian and minnie mouse, to punk rockers and high school terrorists. However, the students were not the only ones with school spirit. Many teachers dressed up in costumes also. This years halloween party will definitely be remembered as one of the highlights of the year.



High School terrorists J. Hohbach and L. Rillos.

3

Freshman Initiation

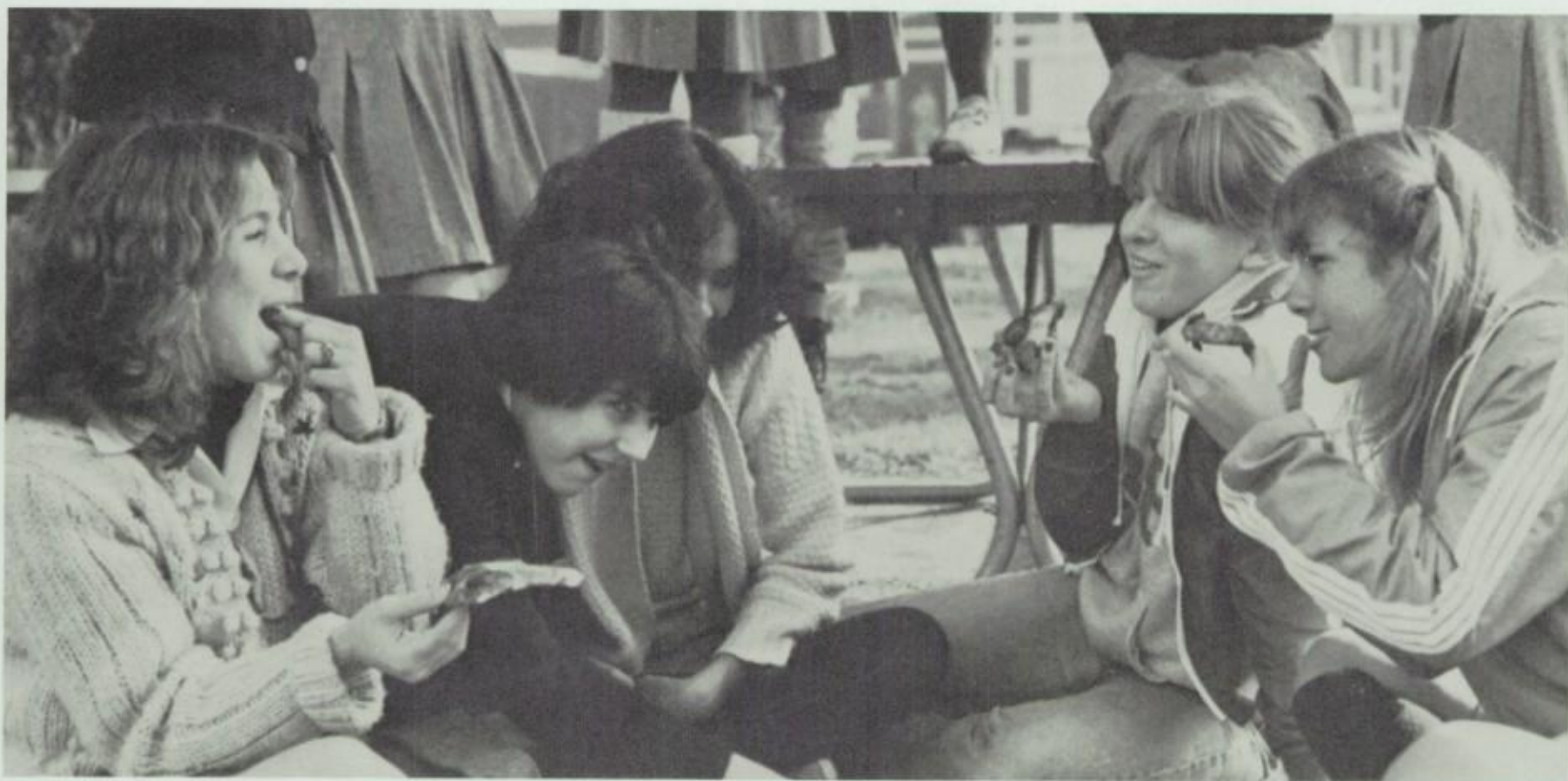


Alright Marcy Morgan pick up your brick!



R. Peters signs C. Bruce's lawn pass.

The seniors remember one special event during the year. This was the freshman initiation which began in the first week of November. The first day of torture began during homeroom with the handing out of bricks, a gift for each frosh to carry around for the rest of the week with her name engraved upon it. The 9th graders were also forced to purchase hall, lawn and bathroom passes because if they were caught without them they were put upon the black list. The black list was a group of students who did not obey the senior law. Other tasks the freshmen had to do were washing senior cars, reciting the alphabetical order of the entire senior class names. All in all the freshmen were grateful for this because by the end of the week they knew each and every senior and were rewarded with a pizza.



L. Lazzareschi, B. Draeger, K. Lee, J. Ramacciotti, S. Frank munch out on pizza

INTERNATIONAL LUNCHEON



1



2

International Luncheon was put on by the Luncheon committee in early Nov. Besides the Luncheon which consisted of girls bringing in foods from their home countries there was also a fashion show and a museum.



3



4



6



5



7

1. The Grand Finale of the fashion show.
2. A. Silva selects her food from the tables.
3. Sr Thompson curtsies to the audience.
4. E. Takeshita displays the formal gown of her home country Japan.
5. W. Nelson shows her native dress of Holland.
6. J. Curry and C. Liddicoat look at the dolls on display in the museum.
7. Modeling the dress for the audience is K. Bruce.

FROSH/SOPH RETREAT

Retreat was held for the Freshmen and Sophomore classes at Point Bonita in mid September. This annual event was a great success and it enabled the new freshman class to become better acquainted with the new faculty and fellow students. In retreat the students attended various courses which allowed them to find out more about themselves and their peers. These activities were designed for the students to work closely with one another and by the end of the three day trip the girls had made close knit friends and had become unified and filled with school spirit. The retreat was a great experience and will always be remembered as one of the best highlights of the year.



Freshman listen attentively for the next activity to begin.

1



B. Dickey giving us one of her early morning smiles.

2



The sophomores expressing their creativity.

3

JR/SR RETREAT

In early September the juniors and Seniors headed to Pajaro Dunes for a two and a half day retreat. The retreat was filled with fun and excitement. The water front beach houses greatly added to the success of the trip. The girls began their day early in the morning by cooking their own breakfasts. Then they are off for the majority of the day attending various courses to learn more about themselves and their peers. Within two days the students made many new friends and by the end of the retreat the girls returned to school with a renewed spirit and close friends.



K. Wang spasing out again.

4



5

"All these women around can really wear a man out!" sighs Fr. Moynahan



The seniors enjoy watching their classmates express their talent.

6

CANDLELIGHT MASS

Sacred Heart's Christmas Spirit was once again demonstrated in 1981 with our traditional candle light mass. The procession of students holding candles and singing Christmas carols led us into the chapel where Sacred Hearts newly formed choral group, accompanied by the quartet which Madame Barnes organized, filled the chapel with a special sound of joy and anticipation. Mrs. Luce and other members of the faculty and student body worked extremely hard to make this night a success. To all who attended, I am sure this candle light mass will always be remembered.

- 1 Students of Sacred Heart reserve some special time for the x-mas spirit.
- 2 A. Corpus exhibits a look of excitement while A. Sikora looks on ahead of her.
- 3 M. Harmath and R. Yulo with each other before mass.
- 4 Mrs. Beerninck and Mrs. Love wait patiently for the mass to commence.



WINTER FORMAL

DECEMBER 4, 1981

PARADISE ISLAND

Perhaps the reason for the success of this years Winter Formal at Marine World, a perfect setting for our theme, was due to the fantastic performance by Lazer Boy. Such enthusiasm shown by the Sacred Heart girls and their dates, definitely made the evening a memorable one; a night they will never forget. Hors d'oeuvres and refreshments added to the pleasant atmosphere. Compliments of our hosts at Marine World a tiger and a cub were brought out on the dance floor. This special occasion called for a more casual than extreme formal attire. Most the girls were in mid-lengths dresses, while four out of 40 guys were dressed in tuxedos. Although some of us had to leave a little early for the SAT'S, the next morning everyone can agree the formal was an unforgettable and memorable evening.

5. C. Panganiban, M. Furbock, H. Nakabayashi, O. Asbaghi, J. Roberts, C. Harrison, L. Lazz, K. S. Lee, J. Ceaser, B. Draeger, C. Zwierlien and their dates thoroughly enjoyed the ethereal atmosphere.

5





1

Father-Daughter Dinner Dance



2

Fathers and daughters caught the spirit of the Sacred Heart Family by attending the annual Father-Daughter dinner dance. For six and a half hours on Saturday, February 6, at St. Joseph's Gym, the couples dined and danced the night away to music supplied by the band "Punch". Seventy five fathers brought their "dates" to a very special evening enjoyed by all.

1. Maureen Lanahan joins in after dinner conversation with Mr. McNair and Erin.
2. Mr. Panganiban and Cathy make a nice couple, don't they?!
3. "Let's dance" says Angie Sokari as she grabs dad's hand.
4. Mr. Penning "rocks out" with daughter, Piper.

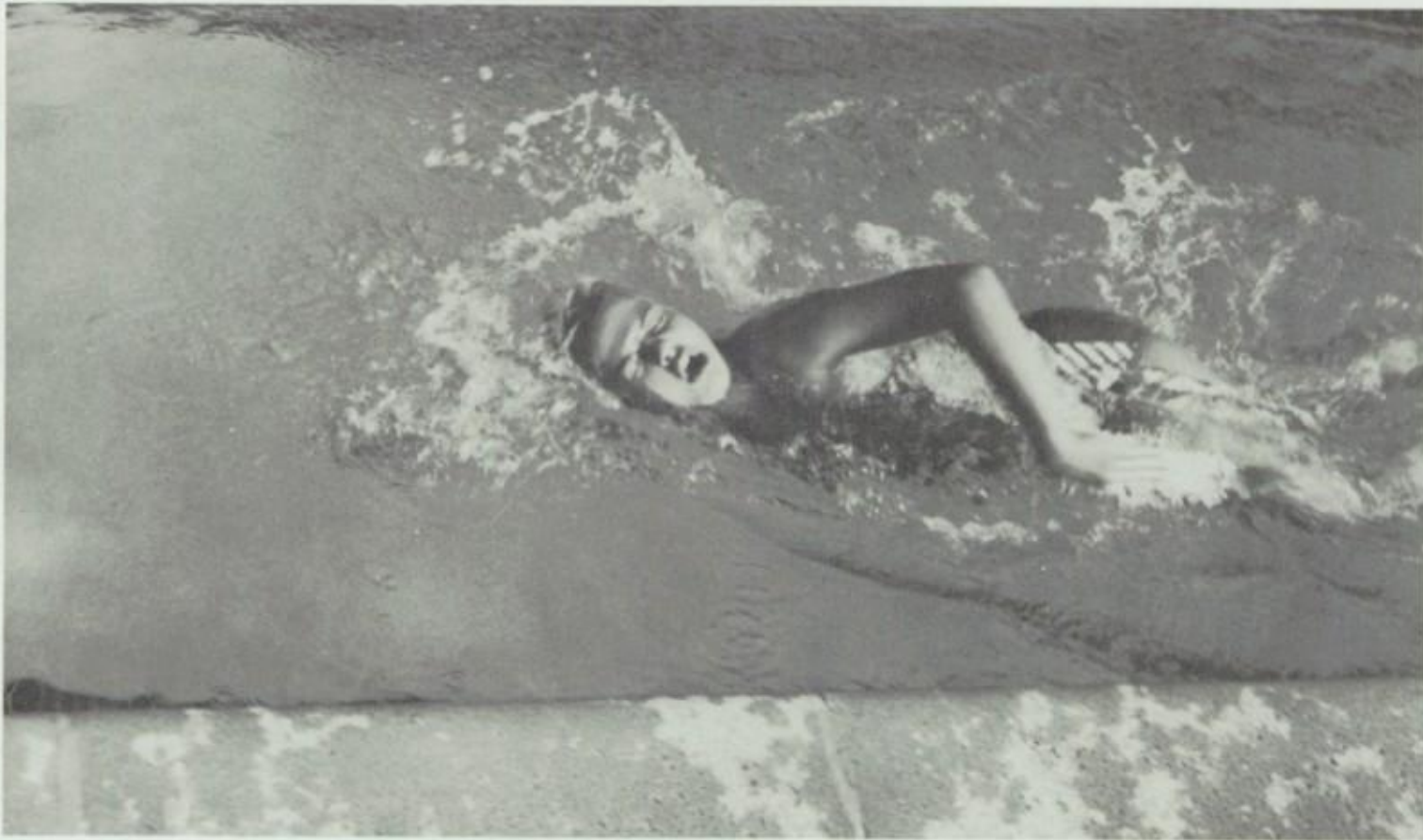


3



4

ATHLETICS



TENNIS TEAM



The members of the Tennis Team are: l to r: back row: J. Loke, M. Daschbach, E. Takeshita, S. Brooks, S. Walery, C. Katz, M. Thompson, M. Chapple, K. Martin, S. Steely, P. Pollack, M. Lucier, and J. Glockner. front row: K. T. Lee, L. Tsung, C. Zwierlien, K. Fertil, S. Hafner, J. Macdonnell, J. Hohbach, and Coach Joel Davidson.

The Varsity Tennis Team Could hardly be stopped this past season. Cooperation with new coach Joel Davidson really paid off. Unity and eagerness led to a 7-1 league record. The Varsity finished the season one win short of going to the CCS team championships, Micelle Chapple won the CCS individual crown while Chris Zwierlein and Michelle Daschbach played in CCS doubles competition. Sacred Heart won four honors at invitational tournaments.

The Junior Varsity Tennis Team did not have as good a season as the Varsity Tennis Team but they showed a lot of unity and spirit. Every member of the Junior Varsity team went to all the games and cheered their fellow members on. The overall excellence of the Junior Varsity tennis team was so fantastic that there was little room for improvement! The enthusiasm was subdued by the fact that they were fearful of losing. The Junior Varsity tennis team really did have a great season.

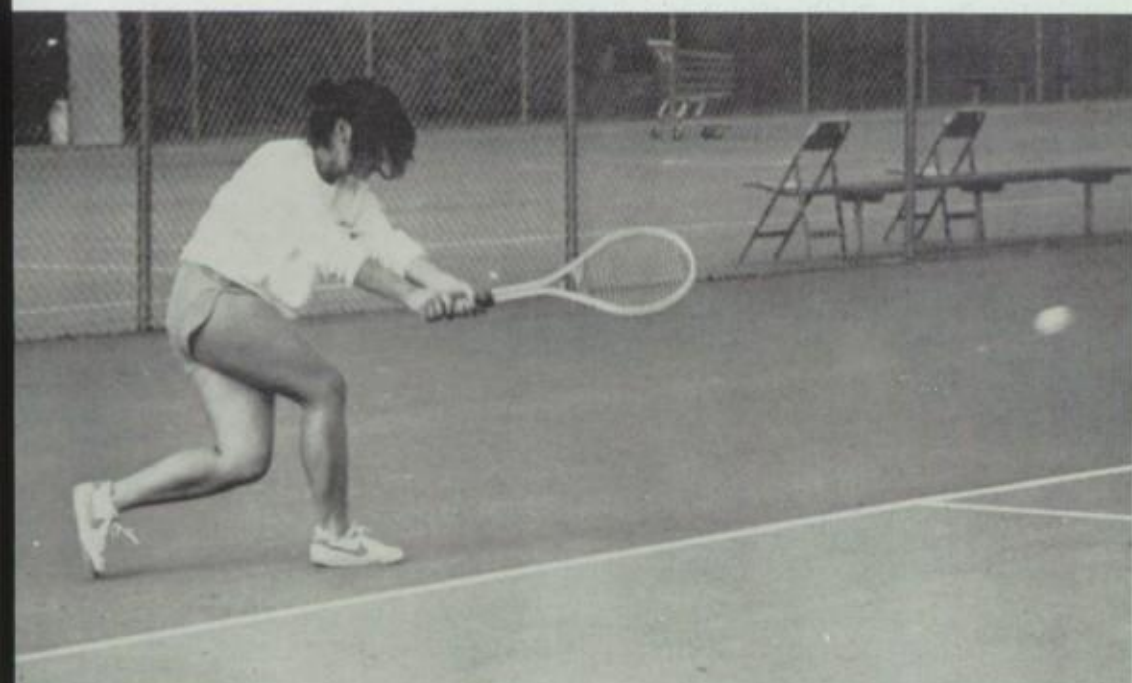




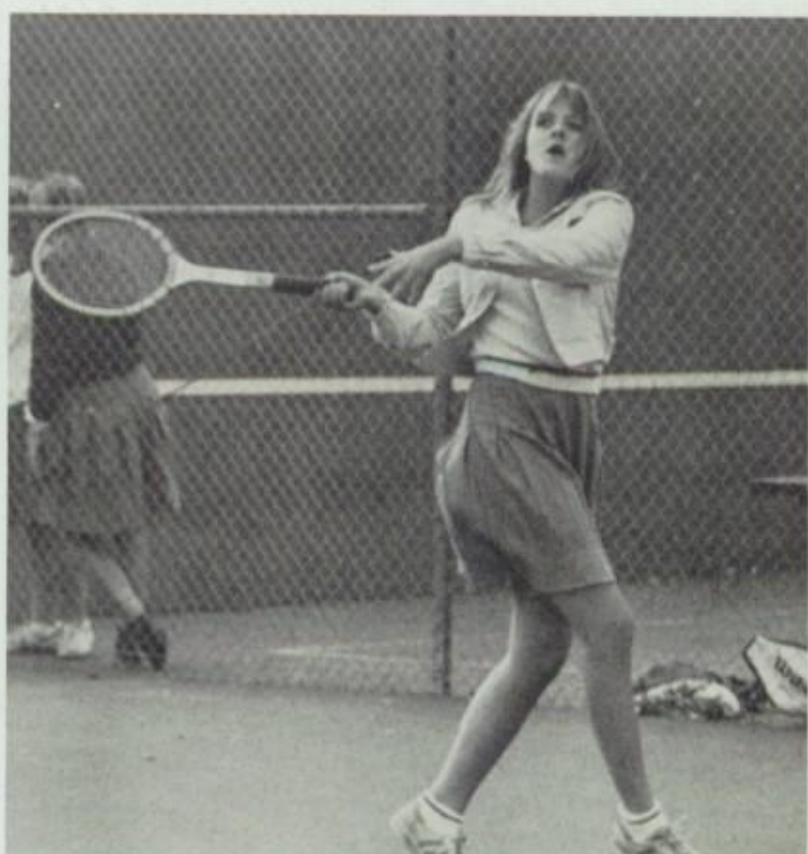
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4



5



6



7

2. Don't worry Michele, the ball will go over the net!
3. Junior Varsity; back row: J. Loke, L. Tsung, M. Lucier, M. Thompson, S. Steely, K. Martin, and S. Brooks. front row: J. Glockner, C. Katz, P. Pollack.
4. Good follow through Eriko!
5. Some of the best leg muscles are on display by Karen T. Lee.
6. Janet Hohbach amazed by her swing!
7. Varsity: l to r: J. Hohbach, C. Zwiernlein, K. Fertal, M. Chapple, S. Walery, J. Macdonnell, M. Daschbach, S. Hafner, E. Takeshita, and K. T. Lee.



The 1981-82 Sacred Heart Swim Team members are: S. Ames, V. Amid-Hozour, D. Constantino, J. Davis, B. Dickey, F. Fielding, L. Ha, E. Lu, M. Lynch, M. MacIntosh, G. Oswald, K. Peterson, S. Phillips, L. Rigby, K. Sickle, J. Silva, C. Tsang, A. Yau and A. Zee. Special thanks to Laura Dougherty.

SWIM TEAM

Varsity

Sacred Heart		
79	L.A.	11
41	Carlmont	95
79	Sequoia	36
45	Woodside	100
52	San Carlos	102
53	Notre Dame	72
35	Menlo	104
32	M.A.	96
26	Castilleja	102

BRRING! 5:00AM! Every day from September to the beginning of November, Sacred Heart swimmers were awakened by the sound of the alarm, in order to be on time for practice. Although the morning workouts weren't easy and it was extremely early, it all paid off. Laura Dougherty who is the head coach, showed a lot of determination and dedication for her team. The most outstanding swimmer is K. Peterson who displays her talent in the backstroke, while J. Silva adds to the team's inspirational quality. Even though there weren't many wins, the team showed a great amount of team spirit!

Junior Varsity

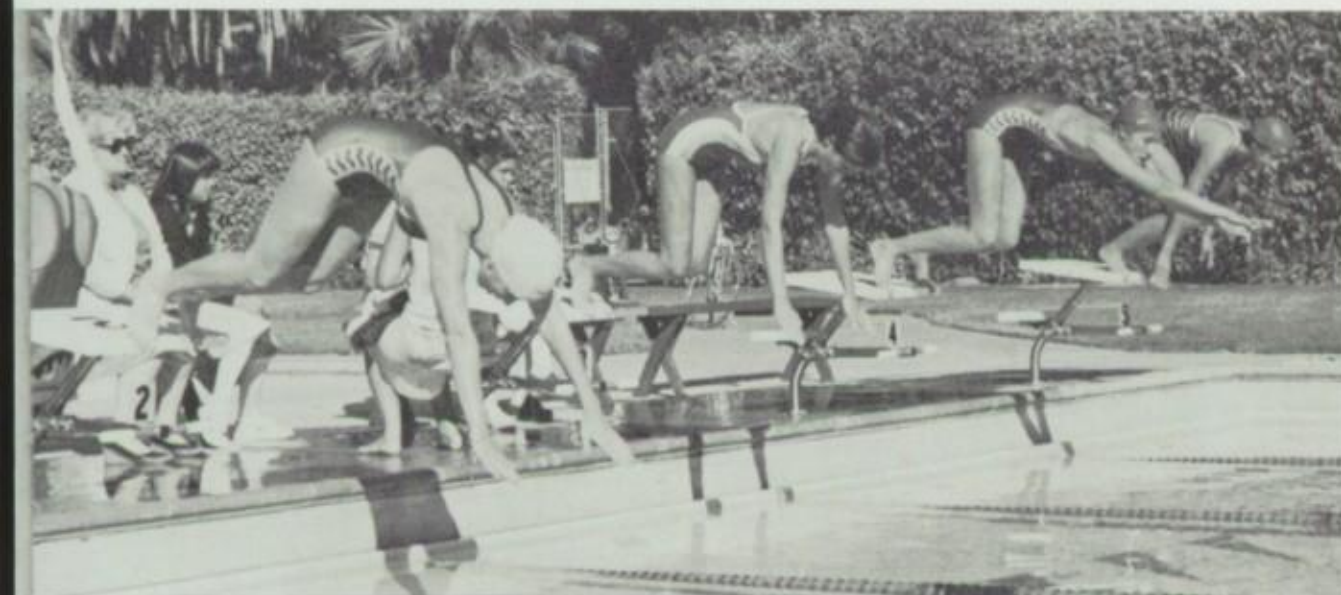
Sacred Heart		
71	L.A.	35
44	Carlmont	69
37	Sequoia	96
28	Woodside	96
61	San Carlos	42
48	Notre Dame	63
37	Menlo	75
/	M.A.	/
39	Castilleja	78



6



7



8

6. The swimmers bundle up after a race and take time for relaxation.
 7. Swim team coach-Laura Dougherty.
 8. Ready ... get set ... GO!! Sacred Heart swimmers, M. Lynch and V. Amid-Hozour.

9. Take the Nestea plunge Michelle!

10. Some devoted timers wait for the swimmers to take their final lap.

9



10



BASKETBALL TEAM



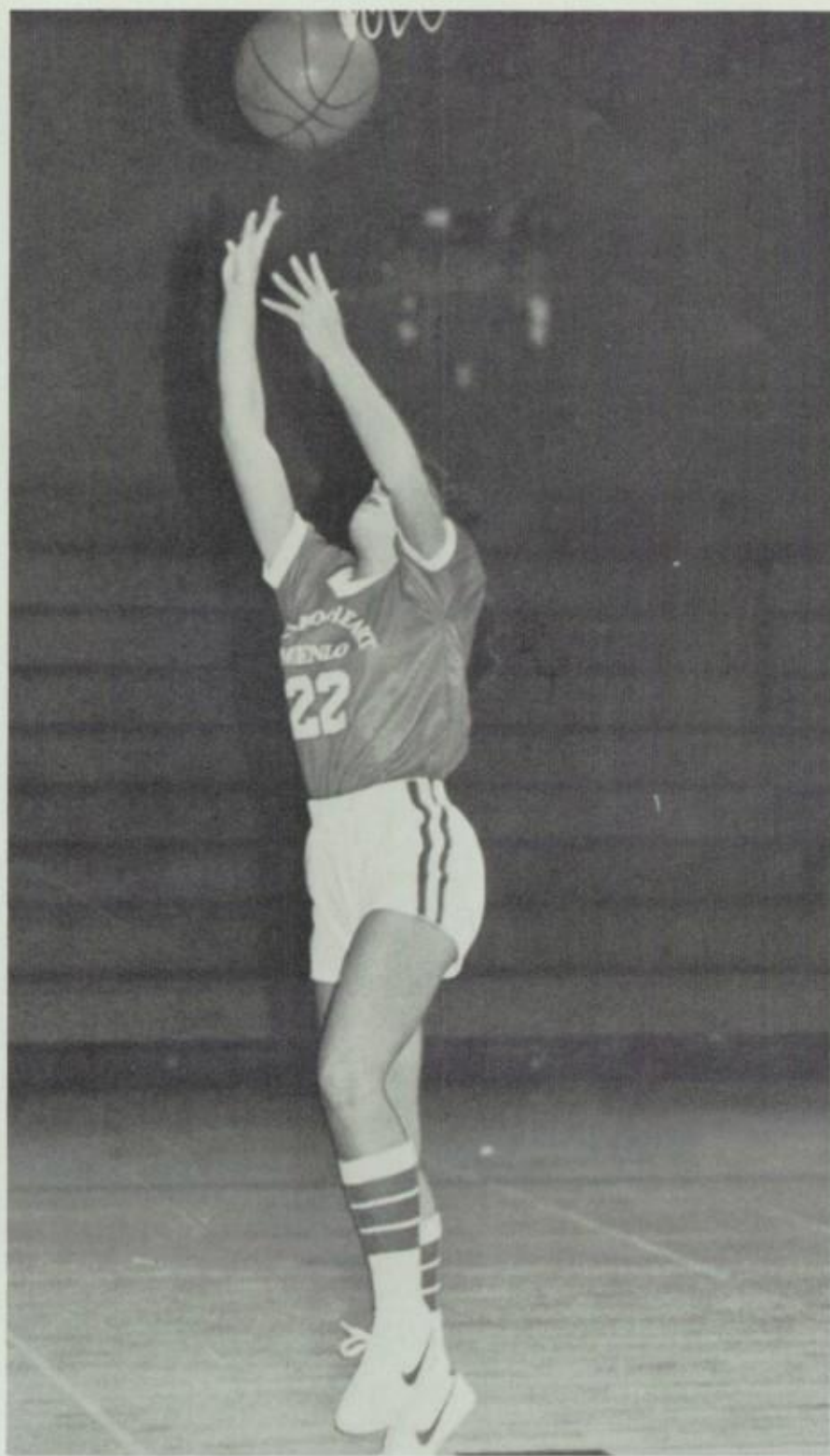
1. The members of the Basketball Team are: l to r back row: S. Lee, M. Blach, S. Hafner, J. MacDonell, L. VanHousen, coach Mike Ipsen front row: U. Saito, E. Takeshita, and L. Rigby

Team Scores

Sacred Heart

32	Head Royce	36
37	Menlo	31
64	Meridian West	19
30	Mercy, Burlingame	45
42	Castilleja	31
34	Notre Dame, Belmont	70
51	Notre Dame, San Jose	45
39	Crystal Springs	37
39	Presentation	59
67	Meridian West	11
73	Lawrence Academy	14

The Sacred Heart basketball team played with a great amount of desire and worked well with a spirit of unity through dedication and performance. Although the members won and lost many games throughout the season, overall, they contributed to the team in one way or another. They had six wins and six losses which makes everything even between their opponents. Of course, the Sacred Heart basketball team was talented and dedicated, but much of their credit goes to Coach Mark Lanza and assistant coach Mike Ipsen. They both helped improve attitude and basic awareness for the squad. This years Sacred Heart games were exciting because the ball players had respectable attitudes about winning or losing, which is the most important idea when you want to portray tremendous talent!



2



3



4



5

2. Come on, Sharon, you can do it!
3. When Mr. Lanza is not teaching religion, he is the head coach of the basketball team.
4. Jump higher Janette!
5. It's called teamwork and we do it well.

SOCCER TEAM

1. The soccer team includes: S. Racely, J. Halter, T. Plough, V. Oswald, A. Griffith, A. Kauffman, L. Yuki, J. Hohbach, J. Silva, G. Oswald, A. Silva, M. Tracy, A. Mckibben. Coached by John Adams
2. L. Yuki passes the ball to M. Tracy.
3. Leslie gives another powerful kick towards the goal.
4. G. Oswald, the teams awesome goalie, displays her skill.



1



2



3



4

CREW TEAM



Through the hard work of Sister Binkert in 1980 a Sacred Heart crew team was started. This year the program was continued through the hard work and dedication of the rowers and supportive administration. The four school teams composed of Sacred Heart, Mercy, Menlo and Saint Ignatius rowed under the title of the Pacific Rowing Club, at Lake Merced in San Francisco. The girls team was led by the exuberant and experienced coach Bebe Bryans-Mees and assisted by Raquel Ornelas and Cammie Dingwall, (a former team member). The team Flotilla consisted of three eight man shells and a new four man shell. The team was involved in numerous regattas from March till June, including the San Diego Crew classic and a three mile head race in November. At the time of this printing, the Pacific Rowing Club was the team to beat. Team members include: L. Basin, C. Callender, A. DeVilliers, M. Hall, C. Jones, K. Lambert, M. Morgan, W. Nelson, D. Perkins, K. Peterson, K. Sickel, J. Wright.

CROSS COUNTRY

1



2



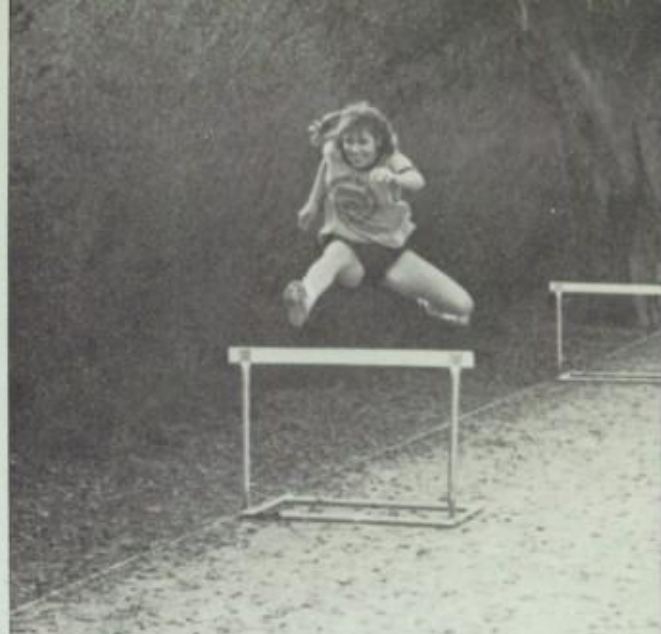
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The 1981-82 cross country team members were L. Benton, W. Yengst, A. McKibben, A. Griffith, L. Van Housen, M. Tracey, P. Penning, T. Brugger, C. Dutton, K. Bruce, L. Rillos, E. Silva, A. Kauffman and S. Frank. Coaches: Mike Ipsen and Patty Green



1. While exchanging Batons, L. Van Housen really starts to move!
2. L. Van Housen, J. Hohbach, P. Penning and W. Yengst, all take a break to quench their thirst.
3. Look at Wendy jump!!
5. Sacred Heart runner, L. Van Housen, S. Frank and T. Brugger wait patiently for the race to begin.



9

TRACK AND FIELD

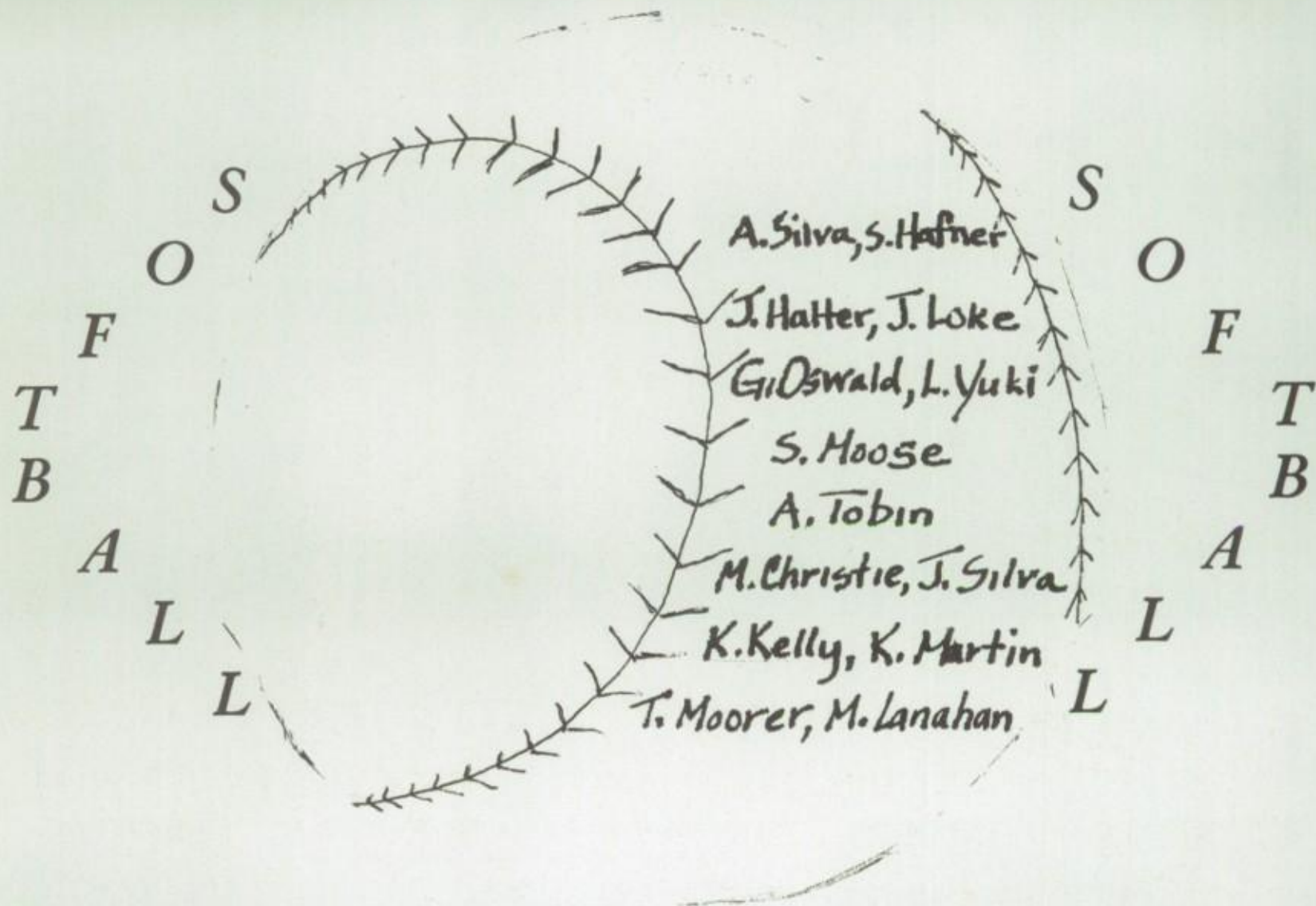
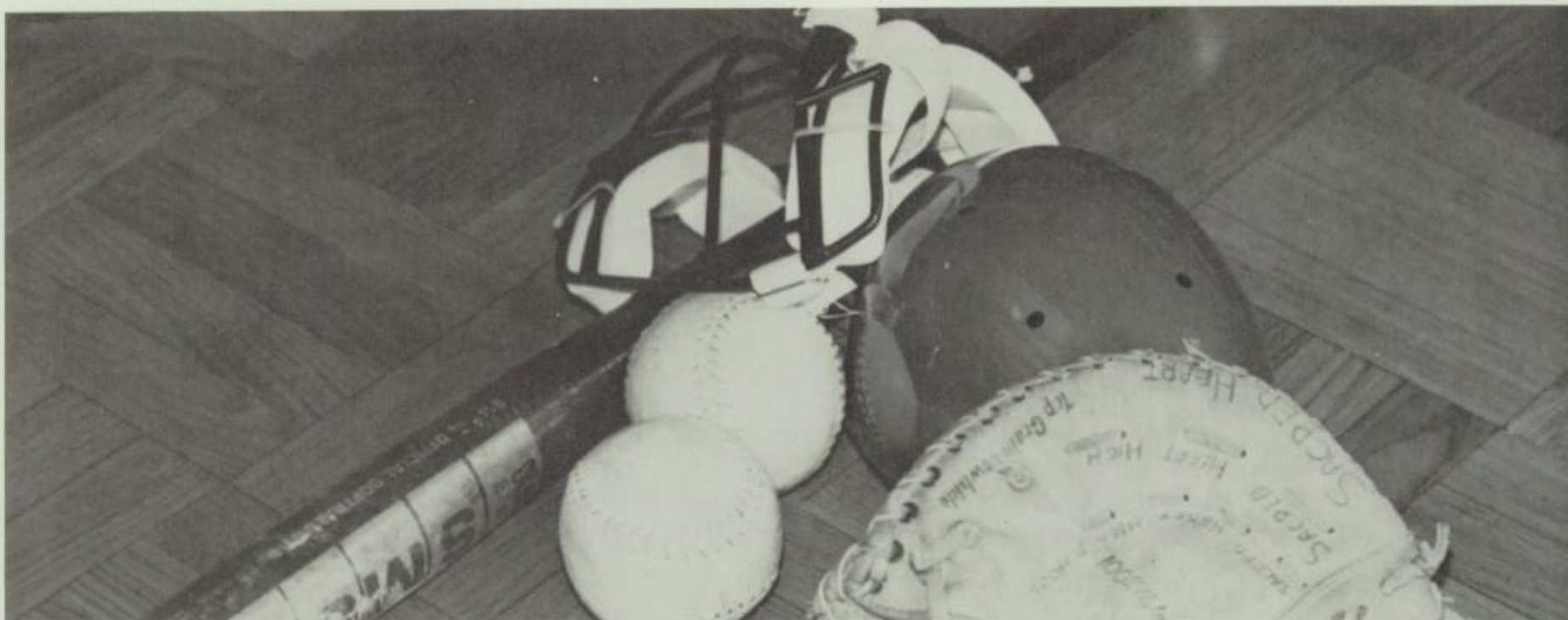
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6. Amy hands the baton to A. Griffith, what grace!
7. M. Chapple, S. Spencer, W. Yengst and S. Lee take a practice run around the track.
8. Yea Sonja! Go ... Go ... Go!
9. The track and field members for 1981-82 were: L. Benton, M. Chapple, M. Calcaterra, J. Ramacciotti, S. Frank, S. Lee, A. Kauffman, L. Van Housen, A. Griffith, V. Oswald, F. Fielding, M. Tracey, S. Spencer, T. Brugger, A. McKibben, P. Penning, T. Plough, W. Yengst, and L. Rillos. Coach: Mike Ipsen
10. Mike gives the runners his "how to" talk!
11. All worn out, A. McKibben, M. Tracey and S. Frank keep on trucking!

11





K. Martin, J. Silva, J. Halter and K. Kelly wait patiently for class to end so they can begin to play softball.

The softball team began in early March. We were not able to follow their winnings, but we are sure that whether they won or lost, they enjoyed themselves. Team members are listed above.



People We Missed



3. Z. Melgoza, housekeeping.

4. Dr. Danielle Verheyden, Science Dept. Chairman, Science and Chemistry



5. G. Sandin, maintenance, G. Tommei, housekeeping, W. Dellinger, maintenance, B. Mauser, maintenance.

6. The boarding school is very happy to welcome A. Giannini and C. Silva.





An Eastern Sojourn

At the beginning of November, four students - Wini Nelson, Guita Dehnad, Allison Holt and Marisa Norona went with the Dean of Students, Ms. Dougherty back East.

They visited several Sacred Heart schools while there. Most of the time was spent at Stoneridge, just outside of Washington, D.C. There they were put on a panel discussion with faculty and students from other Sacred Heart schools around the country and compared governments. From Stoneridge, they went to the Sacred Heart school in Greenwich, where they spent a half day visiting classes and talking to student council officers. The last part of the trip was spent in New York where they took a tour of the 91st Street Sacred Heart.

The C i r c u s



Indeed the circus came to Sacred Heart, replete with dancing bears, trick ponies and fire eaters! Father Nick Webber is the driving force behind the Royal Lichtenstein Circus, which spends eight months of the year traveling across the U.S. bringing the thrill of the circus to a variety of schools and colleges. The troupe stages approximately two hundred shows a year. On February 4th, students at Menlo spent an afternoon viewing and participating in the gala performance.

*Comes
to
S.H.*



*Back row: Photographers-Becky Draeger, Marisa Norona, Cecelia Harrison.
Front row: Copy and Layout-Barbara Dickey, Monica Hermes, Sarah Spencer, Liz Ha and Sara Moose.*



*Maxine Freitas
Advisor*



*Karen Si Lee
Editor*



*Lisa Lazzareschi
Co-Editor*



*Anne Mac
Photo Editor*

The Yearbook staff would like to acknowledge the following people for their contributions:

*A.P. English class-introductory copy
Newspaper staff-New York copy
Keeble and Shuchat-photo processors
Margaret Peterson-senior pictures
Janet Whitchurch-introductory graphics
And all of the other members of the Sacred Heart
family for their support in our endeavor.*

Editor's Note

Love, support, encouragement, friends, trials and tribulations, this is the stuff families are made of. The yearbook staff and I chose the theme "We Are Family" because we felt it to be an accurate description of the experiences shared by all here at Sacred Heart. I hope we have, in some way, fulfilled your expectations for this yearbook and that you will continue to enjoy it in the years ahead.

In gratitude to: Lisa, my co-editor who helped me through the long and crazy hours we spent in the yearbook room. My deepest thanks to Maxine Freitas, our advisor, and of course, my staff: Anne Mac, Becky Draeger, Marisa Norona, Sara Moose, Sarah Spencer, Liz Ha, Barbara Dickey, Cecilia Harrison and Monica Hermes.

I want to thank all of you for the opportunity to serve as this year's editor; it has been a memorable and meaningful experience.

*Good Luck!
Karen Si Lee*

'82

Senior Directory

Ommid Asbaghi
No. 24, 4th St
Mir-Emad Ave, Estade Motahari
Tehran, Iran
847-988
M.U.N., Peer Counseling, Glee, Newspaper, Interact.

Mary Blach
2041 Manzanita Ave
Menlo Park, Ca 94025
854-4490
National Honor Society, Softball, Volleyball, Newspaper, Basketball teams, W.A.S.C. committee, Ad-Hoc committee.

Melissa Calcaterra
202 Atherton Ave
Atherton, Ca 94025
Spanish club, Kazoo club, Honor Society, Newspaper.

Caren Callender
1200 Hobart St
Menlo Park, Ca 94025
326-8101
Swim team, Volleyball team, Basketball team, Social club, Crew team.

Candice Carson
1219 Sevier Ave
Menlo Park, Ca 94025
323-1487
Morale & Rights, Surprise, Peer counseling, M.U.N., Volleyball, Basketball, Interact, Yearbook, Student Council, Newspaper, Honors Society.

Michele Dachbach
64 Winchester Dr.
Atherton, Ca 94025
323-6990
Newspaper, Spanish Club, Varsity Tennis.

Angelique Dempster
502 Katherine Ave
Redwood City, Ca 94062
363-8297
Sophomore treasurer, Junior Pres., Social club.

Becky Draeger
259 Bridge Rd.
Hillsborough, Ca 94010
Glee club, Interact, Ski club, Peer counseling.

Kelley Fertal
2 Adam Way
Atherton, Ca 94025
364-3234
Tennis team, Campus ministry.

Kathie Francis
133 Burns Ave.
Atherton, Ca 94025
Tennis Team, Environment club, Spanish club, Social club.

Bodee Gardinier
4012 Farmhill Blvd #101

Redwood City, Ca 94061
364-4659
Kazoo club, Environment club, Dance, Drama, Know your campus, Cheerleading, Student Body V.P.

Ellen Glockner
158 Glenwood Ave
Atherton, Ca 94025
327-2174
Class Rep, Graphics, Ski club, Junior Pres, Kazoo club, Surprise, Honor society, Yearbook, Drama, Basketball, Tennis team.

Anne Goyhenetche
1765 Edgewood Rd.
Redwood City, Ca 94062
368-2373.

Jackie Gutierrez
76 Logan Ln.
Atherton, Ca 94025
368-9471
Interact, Honor Society, M.U.N.

Sharon Hafner
50 Santiago Ave
Atherton, Ca 94025
325-0126
Tennis team, Basketball, Softball, Soccer, Social club, French club leader, Newspaper.

Julie Halter
157 Glenwood Ave
Atherton, Ca 94025
Tennis, Soccer, Softball, Drama, Newspaper, Senior Rep. Leader of Social club.

Cecilia Harrison
96 Mount Vernon Ln.
Atherton, Ca 94025
Interact, Ski club, Pep club, Social Committee, Pony Club of the Philippines, Pets in Need Dressage Society.

Dominique Hoche-Mong
P.O. Box 937
Montara, Ca 94037
Dungeons & Dragons club.

Janet Hohbach
29 Lowery Dr.
Atherton, Ca 94025
322-8242
Class Treasurer, Tennis, Soccer, Newspaper, Spanish club, Surprise Class officer committee, Ski club, Retreat leader, committee leader.

Jennifer Irwin
1542 Copa De Oro
La Jolla, Ca 92037
(714) 454-6174
Peer counseling, cooking, Dungeons & Dragons, Crew.

Mallika Jitavare
5664 E. Behymer
Clovis, Ca
International Luncheon.

Cordelia Jones
1337 6th Ave
Belmont, Ca 94002
Crew team.

Kathleen Kidwell
7 Robert S, Drive
Menlo Park, Ca 94025
Soph. Secretary.

Nikki Knight
836 Brookline Drive
Sunnyvale, Ca 94087
(408) 732-1158
Social club.

Christine Kwan
82 Robinson Road
12B Beverly Plaza
Hong Kong
5-498770.

Karen Lanahan
1540 Cordilleras Rd.
Redwood City, Ca 94062
Volleyball, Honor Society.

Deidre Lanier
670 San Antonio Rd # 27
Palo Alto, Ca
Frosh, Soph & Sr. Dorm rep. Peer counseling, Soccer.

Cindy Lau
4/F,H, Avon Ct.
No. 2 Fessenden Road
Broadcast Dr.
Kowloon, Hong Kong
K-370661
Interact, Glee, Chinese club, M.U.N.

Lisa Lazzareschi
34 Stern Lane
Atherton, Ca 94025
328-0933
Peer Counseling, yearbook co-editor, M.U.N., Interact, Treasurer Ski Club, Track, Glee, Athletics.

Karen S. Lee
14911 Granite Ct.
Saratoga, Ca 95070
(408) 354-8050
Peer Counseling, Yearbook Editor, M.U.N., Interact, Ski club, Track, Morale & Rights, Special events.

Karen A. Lee
342 Henderson Ave
Menlo Park, Ca 94025
326-6194, 324-3454
Library Committee, Social club, Drama, Peer Counseling, French club, Newspaper.

Karen T. Lee
33 Island Rd.
Deep Water Bay
Hong Kong
Health & Fitness, Library & Media, Ski club, Tennis team, Track, Basketball.

Sophia Lee
77 Magnolia Dr.
Atherton, Ca 94025
326-8466
Interact, Crafts, Basketball.

Winnie Lee
12211 Santa Teresa Dr.
San Ramon, Ca 94583
Social club.

Adrienne Leung
17126 Stonestict
Friendswood, Texas 77456
(713) 482-7734
Honor Society, Interact, M.U.N., Halloween Committee.

Anne Mac
2313 Cypress Ct.
World-Wide Gardens
Shatin, New Territories
Hong Kong, O-613331
Local-International, Basketball, Track, Interact, M.U.N., Honor Society, Student Council, Drama, Yearbook, Newspaper.

Janette MacDonell
230 Atherton Ave
Atherton, Ca 94025
326-8926
Athletic club, French club, Newspaper Head, Tennis, Retreat leader, Basketball.

Hitomi Nakabayashi
1-360 Kami-Shakujii
Nerima-Ku
Tokyo, Japan 177
920-1828.

Wini Nelson
1028 Sunset Dr.
San Carlos, Ca 94070
593-4790
SCG leader, Soph V.P., Drama, Campus Ministry, Ski club, Volleyball, Crew, Honor Society, W.A.S.C., Ad-Hoc, Yearbook, Sr. Student Body Rep.

Jeannie Niimoto
514 Piercy Rd.
San Jose, Ca 95138
(408) 578-7549
Frosh Senator, Basketball, Ski club, Tennis, Spanish club, Jr. Rep., Boarder Head, Student Council, Cheerleader.

Cathie Panganiban
1166 Southridge
Concord, Ca
676-5195, 361-1482
Social club, Library club, Honor Society, Newspaper Editor, Tennis team, Pres, M.U.N., Ski club, Interact, Peer Counseling, Glee.

Regenia Peters
1415 Kavanaugh Dr.
Palo Alto, Ca 94303
323-1744
Campus Ministry, Peer Counseling, Newspaper.

Kristen Peterson
1029 Portola Rd.
Portola Valley, Ca 94025
851-3791
Swimming team, Crew, Photography.

Pattama Pisalyaput
1939 Country Club Dr.
Redlands, Ca 92373
(714) 793-0559
Cooking club, Cultural club, Environment club.

Legia Rillos
P.O. Box 77
San Gregorio, Ca 94074
747-0782
Soccer, Track, Cross Country, Co-cap track, Ski club, Athletic club, Newspaper, Retreat Leader, Jr. Class Treas, Sr. Pres.

Julie Roberts
230 Felton Dr
Menlo Park, Ca 94025
323-0320, 322-4410
SCG-Bay Area, Graphics, Social club, Fitness club, Volleyball, Crew, Dance Concert '81.

Ana Sylvia Salaverria
1121 Crandon Blvd
The Towers of Key Biscayne
#F-1107 Key Biscayne, Fla 33149
(305) 361-1244
Spanish club, Publicity club.

Lorena Salaverria
1121 Crandon Blvd
#F-1107
Key Biscayne, Fla 33149
(305) 361-1244
Spanish club, Graphics club, Publicity club.

Aileen Silva
357 Felton Dr
Menlo Park, Ca 94025
323-6275
Athletic club, Soccer team Capt, Softball, Cooking, Softball, Student Body Pres, Cross Country.

Cyndi Sincerbox
335 Aldean Ave
Mt. View Ca. 94043
961-5102
Jr. Class Secretary, Sr. Class V.P., Honor Society, Newspaper.

Eileen Slavin
44 Inglewood Ln.
Atherton, Ca 94025
328-6855
Tennis, Student Council, Track, Athletic/Fitness club, French club.

Kelly Stokes
1015 Whitney Dr.
Menlo Park, Ca 94025
854-1808
Jr. Class V.P., Student Body, Sec-Treas, Honor Society, Ski Club, Athletic/Fitness club, Social club.

Alice Tang
63 Blue Pool Rd.
8th Floor Block B
Happy Valley, Hong Kong
H-734281
Interact, Glee, M.U.N., Chinese club.

Lucia Tsung
4 A Begonia Ct.
World-Wide Gardens
Shatin, Kowloon Hong Kong
0-6043327
Halloween Committee, Tennis team.

Evelyn Uhlig
1416- 6th Ave
Belmont, Ca 94002
593-0122
Head Cheerleader-Pep Squad Leader, M.U.N., Honor Society, Newspaper, Graphics, Art, Dance Concert '81.

Linda Van Houson
1587 Valota Rd.
Redwood City, Ca 94061
369-9688
X-Country, Track, Basketball.

Diana Vasquez
659 16th Ave
Menlo Park, Ca 94025
326-9364.

Dy Vincent
38658 Glencoe Dr.
Fremont, Ca. 94536
792-6083.

Heidi Wegman
492 Woodside Rd.
P.O. Box 5531
Redwood, City, Ca 94061
368-5980, 365-8378.
Jane Wright
640 Port Dr.
San Mateo, Ca
341-8327
Crew, Volleyball, Honor Society, Retreat Leader.

Regina Yulo
19 Kawayan Rd.
N. Forbes
Makati, Metro Manila
Philippines
817-0112, 817-4124, 817-5521
Fr. Class Pres, Sports club, Basketball, Softball.

Gina Yung
83 Santiago Ave
Atherton, Ca 94025
328-7116
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